



Your 24/7 Counselor Access

Assure Services offers First Stop Health virtual counseling to medical-enrolled employees and your covered dependents for FREE. Talk to a counselor via phone for:

- Anxiety
- Depression
- Grief & Loss

- Work/life stress
- Substance use
- And More





Use the last 4 digits of your SSN to log in.



You can also log in at fshealth.com or call 888-691-7867