



You'll LOVE our mobile app!

Did you know that talking to a doctor or counselor can be even EASIER with the First Stop Health mobile app?

- Request a visit in a few clicks
- View your past visits and doctor notes
- Update your profile and add family members
- Get answers to FAQs



Get the app!

1. Download the First Stop Health mobile app
2. Log into your account using your employee ID
3. Explore the features or request a visit!

