Rainy Day Play Dough

By: Melanie VanderLugt, Senior Developer

The Basics

INGREDIENTS	Flour, Salt, Water, Cream of Tartar, Vegetable Oil, Food Coloring
DURATION	30 minutes

Rainy Day Play Dough

Recipe from What's Brewin', The Brewer Family Cookbook

"This recipe comes from my family cookbook, which was published in 1990 by my mom's cousin. Recipes were gathered from family members in Kansas, Texas and Nebraska. This recipe in particular was submitted by my mom on behalf of my younger sister, Bethany, who was 19 months old at the time. In the beginning of the pandemic, I made this recipe probably a dozen times with my 3 year old daughter, June. It definitely helps beat boredom and the play dough is still in great shape eight months later!"

Ingredients

1 cup flour

½ cup salt

2 teaspoons cream of tartar

1 cup water

1 teaspoon vegetable oil

3 to 4 drops of food coloring

Directions

Mix all ingredients and stir over medium heat until the mixture forms a ball. Remove play dough from the saucepan and place on a smooth dry surface to cool. Knead until smooth.

The original recipe says "One of Bethany's favorite things to do is play with "dough". We should probably name it Dusty Day Play Dough!". I remember summer days when it was so dusty and windy that we wouldn't go outside. I don't remember quite as many rainy days.