

How to Use and Bill for Patient Education Codes

Sleep Educators and CCSH credential holders have the opportunity to not only coordinate patient testing and review test results, but also educate patients on sleep hygiene and the impact of comorbidities on sleep health.

When patients have the proper education and resources, sleep technicians can help move patients from an HSAT to autoPAP treatments, automatically bring patients in after a NPSG, or provide extra education on better sleep practices. **All of which can be covered by the patient's insurance.** To provide a better patient experience and help increase adherence, follow our eight tips for billing for patient education.

8 Recommendations for 9896X Code Reimbursement

1. Have a physician write an order for the HSAT and education session **at the same time.**
2. Always **have a sleep physician on-site** as the 'supervising physician' to sign orders as needed for mask/pressure changes.
3. Document the appointment for **30 minutes or more** of time.
4. Make sure you **bill the code specific to your site.**
5. Take and **record detailed notes** of all interactions.
6. **Never bill two codes for the same patient** in a 24-hour period.
7. Use patient education codes 98960-98962. Reference the **BRPT** for relevant codes.
8. Always **use the same curriculum for instruction:** discuss sleep hygiene and impact of comorbidities on sleep health, review HSAT results, and outline treatment options.

Patient Education Timeline and Workflow



Physician orders both HSAT and education session



Patient takes Home Sleep Apnea Test (HSAT)



Tech meets with patient for CPAP education



Initial CPAP set-up performed