

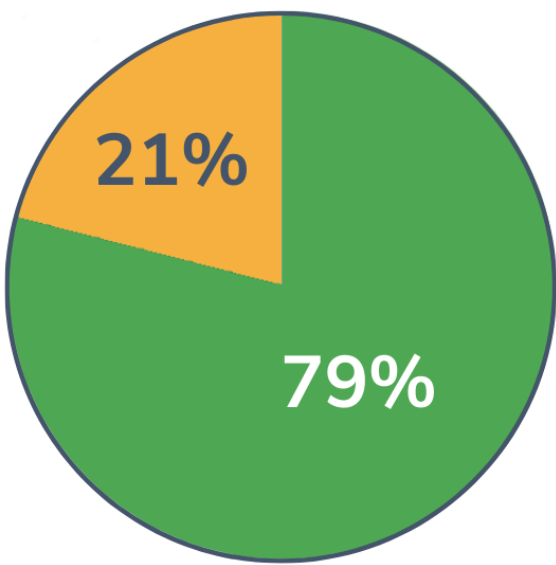
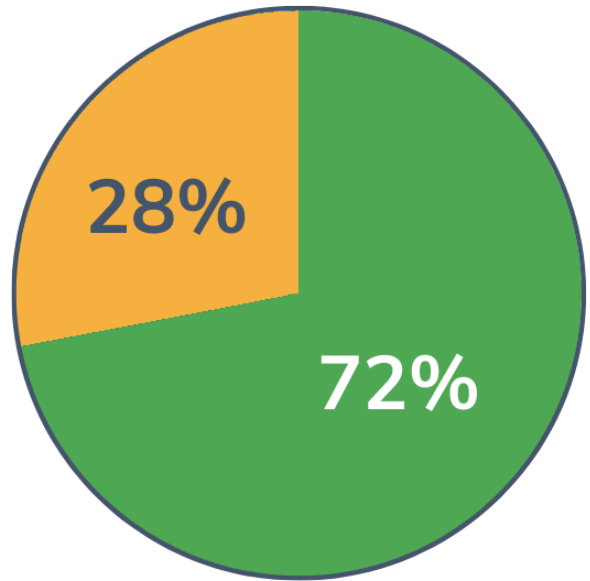


## COVID-19 SLEEP CENTER IMPACT STUDY

After facilitating interviews with 100 sleep professionals on the status of In-Lab and Home Sleep Testing (HST), the writing on the wall was clear: Telehealth and personalized, convenient care are on the rise, fast-tracking the shift in testing for sleep professionals. In Ensodata's COVID-19 Sleep Center Impact Study, dive into the shifting sleep industry trends as a result of the coronavirus pandemic.

### IN-CLINIC SLEEP STUDIES SUSPENDED IN MASS

When asked about in-clinic sleep studies, 72 percent of respondents stated that they have **suspended operations** (either fully or partially) during the COVID-19 crisis, compared to just 28 percent who have maintained the same levels of in-clinic testing.

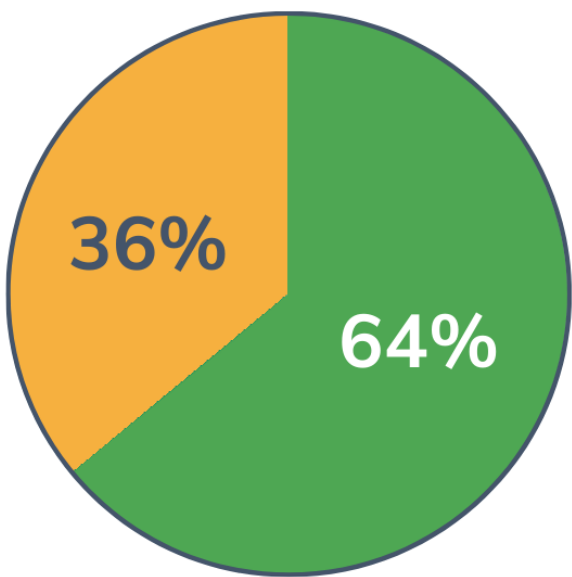
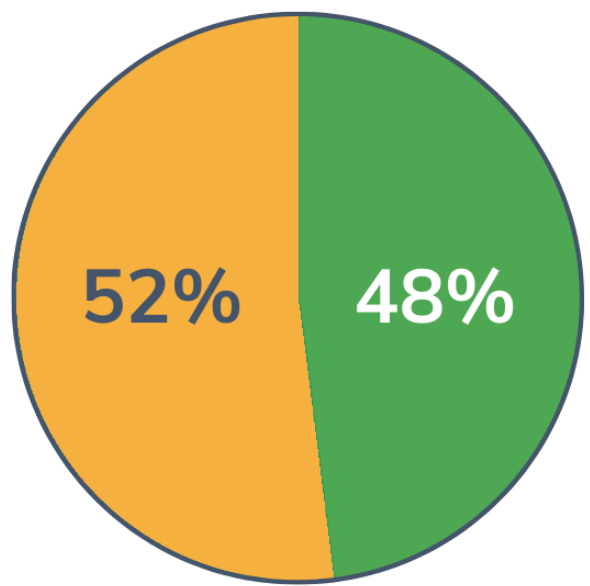


### HOME SLEEP TESTING IMPACTED AT A LOWER SCALE WHEN COMPARED TO IN-CLINIC VOLUMES

When asked if their sleep center was still performing home sleep tests, 79 percent reported that they were still administering tests. HSTs simply were **more resilient** to the circumstances of the pandemic.

### HST VOLUME ON THE RISE

Of the respondents who were still performing HSTs, 48 percent **saw an increase** in home testing volumes compared to 52 percent that simply maintained pre-COVID levels of testing. Of those surveyed, just under half of HST operations are not only surviving, **but thriving**.



### TELEHEALTH IS BOOMING

Another common trend across all sectors is the rise of Telemedicine, and Sleep Centers are no exception to the rule. In our study, 64 percent of sleep centers are currently **leveraging Telehealth** services, primarily for holding meetings and scheduling appointments with patients.

For a deep dive into the insights of the 100 surveyed sleep centers, [download Ensodata's COVID-19 Sleep Center Impact Study online](#). The report analyzes the above responses in more detail and features anecdotal support from sleep professionals.