

# DECEMBER 2020



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	30	01	02	03	04
<b>ENTRÉE</b>	curry chicken, veggies & wg rice pasta bake w/ ww rotini	beef noodle casserole mac and cheese	chicken fajitas w/ ww tortillas mexican black beans and rice	fish sticks w/ wg rice lentil bolognese	grilled chicken w/ wg blend cheesy frittata w/ ww pita
<b>SIDES</b>	corn/ peaches	grilled chicken w/ wg blend mashed sweet potato/ pineapple	cauliflower/ mango	green beans/ applesauce	peas/ banana
<b>BREAKFAST</b>	chex and pears	cheerios and applesauce	strawberry yogurt and peaches	overnight oats and banana	blueberry muffin and mango
<b>SNACK ONE</b>	graham crackers and sliced cheddar cheese	bagel and mango	cornbread and oranges	bubbles and fish w/ oranges	chex and pineapple
<b>SNACK TWO</b>	cottage cheese and oranges	grilled chicken and cucumbers	black bean, corn, and pita	sliced cheddar cheese and carrots	yogurt and strawberries
	07	08	09	10	11
<b>ENTRÉE</b>	bbq chicken w/ wg biscuits veggie chili mac w/ wg elbows	fish sticks w/ ww pita mexican black beans and rice	curry chicken, veggies & wg rice mac and cheese	turkey chili w/ wg rice bbq tofu w/ wg rice	chicken nuggets w/wg rotini lentil bolognese w/ wg rotini
<b>SIDES</b>	corn/ peaches	green beans/ pears	peas/ mango	grilled chicken w/ penne marinara cauliflower/ pineapple	maple glazed carrots/ oranges overnight oats and banana
<b>BREAKFAST</b>	cheerios and pineapple	apple cinnamon muffin and applesauce	yogurt and peaches	graham crackers and pears	yogurt and pears
<b>SNACK ONE</b>	graham crackers and mango	cottage cheese and strawberries	bubbles and fish w/ oranges	bagel and applesauce	chex and pineapple
<b>SNACK TWO</b>	strawberry yogurt and mixed berries	black bean, corn, and pita	ww crackers and sliced cheddar cheese	grilled chicken and cucumbers	
	14	15	16	17	18
<b>ENTRÉE</b>	pasta with meat sauce korean bbq tofu w/ wg rice	sweet and sour chicken w/ wg rice veggie fried rice w/ edamame	beef tacos w/ ww tortilla lentil chickpea curry w/ wg rice	chicken & gravy w/ wg biscuits zucchini parm w/ wg rotini	chicken teriyaki w/wg rice cheesy frittata w/ ww pita
<b>SIDES</b>	peas and carrots/ applesauce	mashed sweet potato/ seasonal melon	corn/ pears	fiesta chicken w/ wg rice green beans/ banana	mexican black beans and rice cauliflower/ mango
<b>BREAKFAST</b>	kix and pears	sliced cheddar cheese and mango	chex and peaches	bagel and pineapple	blueberry muffin and oranges
<b>SNACK ONE</b>	yogurt and peaches	bagel and strawberries	cottage cheese and ww crackers	graham crackers and strawberries	strawberry yogurt and kix
<b>SNACK TWO</b>	graham crackers and pineapple	cornbread and oranges	grilled chicken and cucumbers	sliced cheddar cheese and carrots	goldfish and pears
	21	22	23	24	25
<b>ENTRÉE</b>	grilled chicken w/ penne marinara bbq tofu w/ wg rice	salisbury steak w/ ww bread mac & cheese	turkey chili mac w/ wg elbows pasta bake w/ ww rotini	chicken nuggets w/ ww pita lentil bolognese w/ wg rotini	CHRISTMAS DAY- NO SMART LUNCHES
<b>SIDES</b>	maple glazed carrots/ pineapple	peas/ oranges	green beans/ peaches	corn/ mango	
<b>BREAKFAST</b>	cheerios and applesauce	strawberry yogurt and strawberries	apple cinnamon muffin and pears	overnight oats and banana	
<b>SNACK ONE</b>	bagel and peaches	chex and mango	graham crackers and strawberries	bubbles and fish w/ oranges	
<b>SNACK TWO</b>	graham crackers and yogurt	ww crackers and sliced cheddar cheese	grilled chicken and cucumbers	kix and applesauce	
	28	29	30	31	01
<b>ENTRÉE</b>	turkey spanish rice pasta bake w/ ww rotini	fish sticks w/ ww pita fiesta tofu w/ wg rice	bbq meatloaf w/ ww pita veggie chili w/ wg rice	grilled chicken w/ wg blend mac and cheese	NEW YEARS DAY- NO SMART LUNCHES
<b>SIDES</b>	peas and carrots/ pears	chicken fajitas w/ ww tortillas cauliflower/ seasonal melon	maple glazed carrots/ pineapple	mashed sweet potato/ oranges	
<b>BREAKFAST</b>	chex and peaches	bagel and oranges	overnight oats and mixed berries	blueberry muffin and pears	
<b>SNACK ONE</b>	yogurt and pineapple	kix and applesauce	goldfish and oranges	yogurt and peaches	
<b>SNACK TWO</b>	cottage cheese and ww crackers	sliced cheddar cheese and carrots	cheerios and banana	graham crackers and mango	