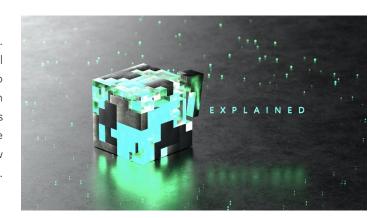


Explained / Week 3

### SERIES OVERVIEW

### SERIES SUMMARY

Complicated. Long. Conflicting. Outdated. Contradictory. When it comes to the Bible, you've probably thought all that and more. TBH we all have. That's because, for so many of us, the Bible just seems to cause more confusion than clarity. People act like it's so life-changing, but for us it seems like anything but helpful. Is it possible we're missing something? In this series we're talking about how the Bible works, what's in there, and why we trust it...really. In other words, we're talking about the Bible EXPLAINED.



#### VERSE TO REMEMBER FOR THIS SERIES

"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness" (2 Timothy 3:16, NIV).

## WEEK OVERVIEW

### **BOTTOM LINE**

When it comes to the Bible, we read it because God is in it.

### THIS WEEK'S SCRIPTURE

"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness" (2 Timothy 3:16, NIV).



Explained / Week 3

### YOUR STUDENTS

Leaders—at this phase, teenagers have a variety of experiences and varying levels of interest in Scripture. Some may enjoy Scripture. Some may have tried it and not found any value at all, and some may have never read a single verse. Do not get discouraged if students aren't exactly excited about reading *anything* in the Bible. And remember, as leaders, our goal isn't to pour guilt on a teenager who isn't particularly interested or experienced, but to encourage a healthy curiosity about the Bible and to celebrate any small step a teenager makes connecting to God in a personal way.

### WHAT YOU'LL NEED

- ' A Bible or a Bible app
- ' Pens or pencils
- ' A few sticky notes for every student
- Prayer music playlist
- ' A way to play music
- ' A Student guide for each student

## TO-DO LIST

- ' Print enough Student guides for everyone.
- ' Prepare a prayer music playlist and set up the sound system to play.



### Explained / Week 3

### ICE BREAKER

What are some things that inspire you?

What is a story you have heard or seen that has inspired you to do something, or change something about yourself?

### INTRODUCTION

Remind students the bottom line of this week's topic:

- While the Bible was written by ordinary people, the words were inspired by God.
- When we read the Bible, we are able to get to know God through the words we read.

### **HEAR**

### HEARING FROM GOD THROUGH HIS WORD

### WHAT YOU'LL NEED

- ' A Bible or a Bible app
- ' A Student guide for each student
- ' Pens or pencils

### READ

### Proverbs 2:1-5

### INSTRUCTIONS FOR MINISTRY LEADER

Have your students read Proverbs 2:1-5 to themselves. You may want to encourage them to read it several times. Then, have them answer the following questions:

- 1. What are the two things these verses ask us to do?
- 2. What does this Proverb suggest will happen if you do these things?
- 3. What does this passage mean?
- 4. What does this passage mean for ME?



### Explained / Week 3

### TAI K

### TALKING WITH OTHERS ABOUT OUR FAITH

### WHAT YOU'LL NEED

- ' A Student guide for each student
- ' A few sticky notes for each student
- ' Pens or pencils

#### INSTRUCTIONS FOR MINISTRY LEADER

Ask your students this question: What are some ways to get to know God (other than reading the Bible)?

Have students write their answers on sticky notes and put them on a wall in the front of the room.

#### DISCUSS

- 1. Do you notice any similar answers?
- 2. Which one(s) do you use most often?
- 3. What are one or two that you might want to start trying yourself?

As a group, brainstorm other ways to connect with God besides praying, listening to worship music, or reading the Bible. When you finish, have students write down a few activities they would like to try on their sticky notes.

### PRAY

#### TALKING TO GOD

### WHAT YOU'LL NEED

- ' Prayer music playlist
- ' A way to play music

#### PRAY INDIVIDUALLY

Encourage your students to find a comfortable spot in the room. As music plays, they can spend a few minutes in prayer and getting to know God. They can try to use one of the following prayer postures as they pray:

- 1. Kneeling (this communicates a humility before God.)
- 2. Hands raised above (this communicates praise/gratitude/joy.)
- 3. Open hands in front (this communicates trust in God.)



### Explained / Week 3

4. Sitting normally like in a conversation (this communicates a level of familiarity or ease with God.)

Some topics to focus on:

- What they know to be true about God
- What they know about Jesus based on Scripture
- And how they hope to grow in their relationship with God

### LIVE

### LIVING IN A WAY THAT HONORS GOD

#### WHAT YOU'LL NEED

- ' A Student guide for each student
- ' Pens or pencils
- ' Sticky notes from the TALK section

### INSTRUCTIONS FOR MINISTRY LEADER

Students will create a plan to spend some time with God during the week by choosing ONE activity brainstormed in the TALK section. Text your students during the week and ask how their time with God went! Encourage those who are struggling to get the activity done, and those who did it, but did not gain any life-changing experience.

Day:	The activity I chose to connect with God:	How it turned out:

## **EXPLAINED**

Student Guide / Week 3

### **HFAR**

### HEARING FROM GOD THROUGH HIS WORD

### READ

### Proverbs 2:1-5

Read the passage to yourself. You may even want to read it a few times more. As you read, think about:

- What are the two things these verses ask us to do?
- What does this Proverb suggest will happen if you do these things?

Then, answer the following questions:			
What does this passage mean?			
What does this passage mean for ME?			

### **TALK**

### TALKING WITH OTHERS ABOUT OUR FAITH

Answer the following question on your sticky notes, then post them on the wall:

What are some ways to get to know God (other than reading the Bible)?

### **DISCUSS**

- 1. Do you notice any similar answers?
- 2. Of the answers on the wall, which one(s) do you use most often?

As a group, brainstorm other ways to connect with God besides praying, listening to worship music, or reading the Bible. When you finish, write down a few activities that you would like to try on the sticky notes.

## **EXPLAINED**

Student Guide / Week 3

### PRAY

### TALKING TO GOD

#### PRAY INDIVIDUALLY

Find a comfortable spot in the room. As music plays, spend a few minutes in prayer and getting to know God. Try using one of the following prayer postures to pray:

- 1. Kneeling (this communicates a humility before God.)
- 2. Hands raised above (this communicates praise/gratitude/joy.)
- 3. Open hands in front (this communicates trust in God.)
- 4. Sitting normally like in a conversation (this communicates a level of familiarity or ease with God.)

Some topics to focus on as you pray:

- What you know to be true about God
- His characteristics you know from the Scripture
- Stories you know about Jesus and how He treated everyone He interacted with
- What is a characteristic of God's that you want to know more about?
- What can you do to continue to grow in your relationship with Him?

### I IV/F

### LIVING IN A WAY THAT HONORS GOD

Look over the activities you brainstormed in the TALK section, pick ONE and create a plan to spend time with God this week. (Reach out to your Small Group Leader if you have trouble coming up with a plan or imagining how this could look in your life.)

- 1. When picking Day/Activity, pick something that you know you would enjoy doing, and would fit in your schedule, so you are more likely to try it. Also, make sure that you have enough time to make it happen. (Twenty minutes may be a good goal.)
- 2. Put your sticky note somewhere in your room so you'll see it throughout the week. If you were able to hit your goal early in the week, try to pick an additional activity and see which one you like better!

Day:	The activity I chose to connect with God:	How it turned out: