## Connected Christmas Challenge

2021 has been a year full of ups and downs. With restrictions easing off to becoming almost non-existent, it might feel frustrating that some of those rules are coming back into place as we get closer to Christmas. That's why we've come up with a few ideas to help bring Christmas cheer to those around you!

So as Christmas gets closer, let's stay safe while we create moments for kindness and connection. To kick off our #ConnectedChristmas campaign we're launching our very own challenge to help you #BePositivelySocial.



Donate items to the local food bank collection box at the supermarket



Host a group video call for family and friends, so everyone can socialise together



Write kind notes for people you love and put them in Christmas cards



Make some thoughtful handmade gifts



Leave appreciation posts for your friends on social media



Take a few minutes at the dinner table to tell each other what you are thankful for





Leave a note on your front door to thank the workers delivering your parcels and post this Christmas



If it's safe and allowed by the rules in your area, volunteer to help family members wrap their gifts



Order a Christmas treat online and send to someone you haven't seen in a while



Give up your place in a queue to someone behind you



Organise a video call to sing Christmas carols



Wear a mask to help make sure everyone has a healthy and safe Christmas



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