

Small Intestine Bacterial Overgrowth/Dysbiosis (SIBO)

Primary Supplemental Support:

- a. **ADP** – 3-5 tablets (depending upon patient's weight), 3 times a day just before meals (not recommended during pregnancy or lactation). Three tablets for lightweight patients, four for average weight patients and five for heavier patients.
Sensitive individuals: cut the dosage in half for the first 2 weeks then increase to the above protocol for the next 2 cycles if tolerated, **cut back again if sensitivity, Herxheimer reaction persists**, stay on the lower dosage for very sensitive patients.
Children: ½-1 tablet 3 times a day just before meals. Use the smaller dosage for a younger and lightweight child.
ADP (emulsified oregano) has been one of the most effective products for bacteria, fungi and amoeba in the Biotics line when used properly.

- b. **F/C Cidal** - 2 capsules, 3 times a day with meals (not recommended during pregnancy or lactation).
Sensitive individuals: cut the dosage in half for the first 2 weeks, then resume above dosage if tolerated. First two weeks: 1 capsule 3 times per day (patient may need to continue with the smaller dosage if very sensitive).
Children: 1 capsule daily, increase to twice per day for heavier children
F/C Cidal: an adjunct to get the stubborn yeast forms and bacteria that oregano won't kill.

- c. **Dysbiocide** – 2 capsules, 3 times per day with meals (not recommended during pregnancy or lactation or for patients on prescribed blood thinners and drugs that reduce stomach acid or lessen seizures).
Sensitive individuals: cut the dosage in half for the first 2 weeks at 1 capsule 3 times per day.
Children: 1 capsule twice per day, increase to 1 capsule three times per day for heavier children.
Dysbiocide: not recommended for big worms like tapeworms but is effective for smaller ones.

Use the above protocol for two weeks and then off for one week, this is a three tiered approach; complete the protocol for three cycles for a total of 8 weeks.

****During the first week the patient is off the above supplements (this will be the 3rd week) ensure the patient takes the following:**

Saccharomyces Boulardii – 1 capsule twice a day. *This strain of yeast will consume the food that yeast and aberrant bacteria ingest, helps to keep their population to a minimum.*

****After completing the above eight week program (two weeks on, one week off, for three cycles), ensure the patient is placed on the following prebiotic-probiotic, this is very important:**

BioDoph-7 Plus – 1 capsule twice a day for a minimum of 60 days. *Prebiotic and probiotic support to replace healthy bacteria.*

***Although the above protocol has been effective 80 percent of the time, if hypochlorhydria, pancreatic or biliary dysfunction, hepatic disease, Type II diabetes and/or ICV dysfunction are still present, they must be resolved or there is a high probability of the SIBO returning.**