



Food Drive



Through December 29
M - F 11:00am - 6:00pm

Suggested non-perishable items:

- canned meats
- canned vegetables
- canned fruits
- peanut butter
- pasta/rice
- oatmeal/cereals

We cannot accept:

- glass jars
- home canned
- baked goods
- perishable foods



Drop-Off Location:

Brain Balance San Diego
10175 Rancho Carmel Dr., Suite 124
San Diego, CA 92128

Virtual Donations:

<https://www.fooddriveonline.org/sandiegofoodbank/BrainBalanceSD>



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