



Food Drive

Through December 29
M, T, Th 2:00pm - 6:00pm



Suggested non-perishable items:

- canned meats
- canned vegetables
- canned fruits
- peanut butter
- pasta/rice
- oatmeal/cereals

We cannot accept:

- glass jars
- home canned
- baked goods
- perishable foods



Drop-Off Location:

Brain Balance Chula Vista
310 3rd Ave, Suite C7
Chula Vista, CA 91910

Virtual Donations:

<https://www.fooddriveonline.org/sandiegofoodbank/BrainBalanceSD>



Brain Balance®