

Partnering with Cloudticity

# Apex Health Solutions Case Study



## The Client

Apex Health Solutions is a Houston-based transformational healthcare company creating value-based alignment between healthcare systems, payers and providers. Apex Health powers payers, physicians and health systems choosing to engage in value-based initiatives throughout the healthcare continuum. Apex's unique solutions create alignment between multiple constituents, generating results in improved levels of patient quality, satisfaction and cost of care.

## The Challenge

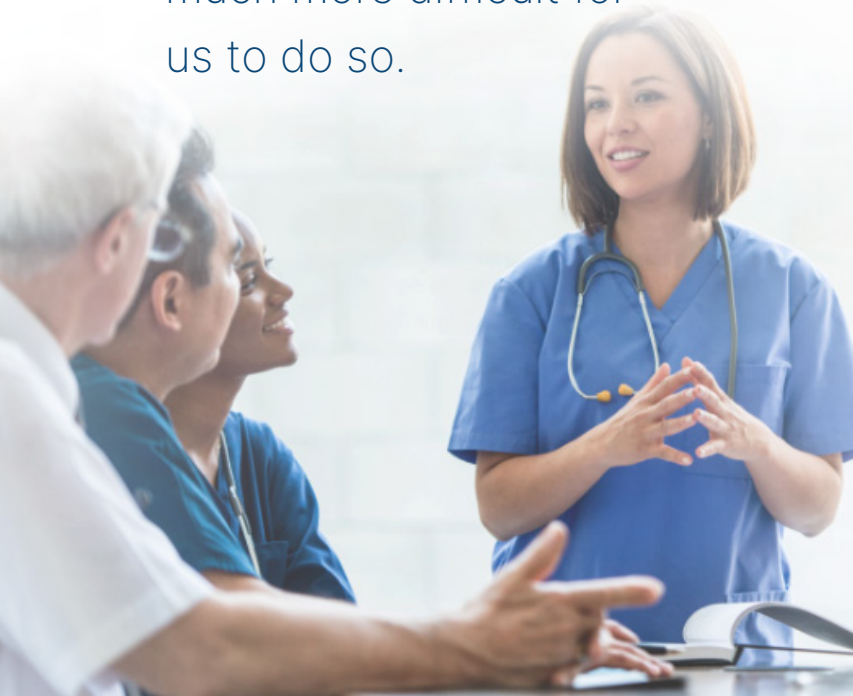
Apex Health Solutions determined that deploying its technology infrastructure natively in the Azure cloud would be the best fit to meet its needs for scalability, agility, and cost savings. Being in the healthcare industry, it knew that having the right data security strategy would be critical to its long-term success.

"We need to be highly competent in security, but as a business we don't win or lose based on building a bench of security analysts," explains Michael Duddy, VP of Technology at Apex Health Solutions. "I'd rather that we focus our internal resources on activities that generate value for our clients and find a partner to work with that specializes in the security space."

Apex Health Solutions evaluated several partners and chose Cloudticity because of its technical expertise. Also because a trusted reference described Cloudticity as, "truly an extension of our own team."



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## The Solution

Apex Health Solutions chose Azure because it needed to have a lot of functionality quickly, without a lot of heavy lifting to configure out of the box. Cloudticity helped it architect the initial environment, setup networking and security groups, and ensure the environment was orchestrated in a secure manner that could support Apex Health Solution's business goals. Cloudticity also created standard documentation for security and operations protocols.

Cloudticity helped Apex Health Solutions deploy Windows Virtual Desktop, Azure Security Center, Azure Network Security Groups, Azure Virtual Machines, and several other services from the Azure Catalog of Services. In addition, Cloudticity deployed Cloudticity Oxygen™ for ongoing support with security, compliance, and infrastructure operations.



## The Benefit

Apex Health Solutions no longer feels that security and compliance is a burden and instead feels confident that its bases are covered. Its Cloudticity technical account manager (TAM) attends its weekly development meetings, listens to the development plans, and ensures that security is always baked in from the start of every project. In addition, the Oxygen platform automates security controls and raises alerts, making it easy to detect and remediate issues in an ever-changing Azure environment.

Along with achieving competence in security, Apex Health Solutions is grateful for Cloudticity's cost optimization services. Its Cloudticity TAM stays on top of shutting down unused infrastructure and rightsizing instances which has kept unnecessary costs from accumulating and allowed it to maintain a predictable spend.

Cloudticity has helped Apex Health Solutions make the most of its Azure investment, helping it leverage Windows Virtual Desktop and other Azure services, enabling it to select the best tools to support its business model. "Cloudticity has made it easier for us to grow and expand and rely on cloud technologies to support our business goals. Without that support it would've been much more difficult for us to do so," says Duddy.

The biggest benefit, by far, is access to Cloudticity expertise. "Our Cloudticity TAM is as much a part of our development team as anybody else. I lean on him just like I lean on my internal team, which is exactly the partnership I was looking for," concludes Duddy.

### About Cloudticity

Cloudticity is a digital enablement partner for the healthcare industry generating measurable business and clinical outcomes by unlocking the full potential of the cloud. Through groundbreaking automation and deep cloud expertise, Cloudticity solutions empower healthcare organizations to create and scale the next generation of healthcare solutions on AWS and Azure.

For more information, visit [Cloudticity.com](https://cloudticity.com).



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