



Flex ED

*Club
Guide*
2021-2022

contents

3 CLUBS A-Z

15 CLUB LIST BY GRADE, K-3

16 CLUB LIST BY GRADE, 4-6

17 CLUB LIST BY GRADE, 7-9

18 CLUB LIST BY GRADE, 10-12

20 WEEKLY SCHEDULE, K-3

21 WEEKLY SCHEDULE, 4-6

22 WEEKLY SCHEDULE, 7-9

23 WEEKLY SCHEDULE, 10-12

24 REGISTRATION INFORMATION



Clubs

A-Z

This section has detailed information about each club.

You'll find the grade levels, day, time, teacher leader and a description!

You can contact each teacher for more details if you need! Their emails are all [firstname].[lastname]@flexed.ca!

Clubs A-Z



Art Club

K-12 Last Friday of the Month 3:30pm
Marsha Matheson

Art Club is creative, fun and inspiring. Students learn art techniques with a variety of materials, in an inclusive atmosphere of self expression and choice. Students don't have to invest a lot of money for expensive art materials. They can use whatever art materials they have on hand to complete our projects. I usually supply outlines to give students a jumping off point. Students don't have to be artistic. No matter what their skill level or knowledge, each month they will find themselves on a different creative art journey of Peace Love & Art!

Book Club

Gr. 4-6 & 7-9

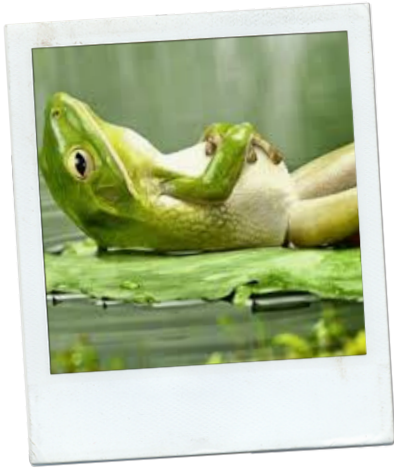
Once a month on Tuesday 1:00-1:45pm
Adrienne Dechief & Jenna Golanowski

Celebrate the love of reading! We are going to be reading from a list of books this year, meeting once a month to discuss and do an activity based on the book! At the end of the year, we are going to do a March Madness style bracket to decide which book is the winner this year!

The grade 4-6 group last Tuesday of every month. The 7-9 group will meet on the first Tuesday of every month.



Clubs A-Z



Calm Club

Gr. 6-9 Every second Monday 3:00pm
Jennifer McLean

This is a safe space where we practice mindfulness, deep breathing, gentle movements, and other activities to reconnect with ourselves.

Caring Hearts Club

K-12 Every second Monday 3:00pm
Kayla Rourke

In this club we brainstorm, share and encourage random acts of kindness! During our meetings students are encouraged to share things that they did to make someone's day better. We will also share heartwarming stories of kindness in our communities!



Creative Writing Club

Gr. 5-12 Every Thursday 1:30pm
Kerry Sawicki

We get together and do writing exercises to get the creativity flowing, then we write and read to each other. Then 3 times per year we do Poetry/Short Story Slams.

Clubs A-Z

Crochet Club

K-7

Every Thursday (except the last) 11:30am
Rebekah Cook & Chelsea Fulmer

At these weekly club meetings, we will crochet together. We will begin by offering simple tutorials to get you started. We may also do a group project together. One of the best parts of our club is that we can simply sit, crochet, and chat. It's a nice way to get to know other teachers and students!



Dungeons & Dragons

Gr. 7-12 Every Wednesday 2:00pm
Kayla Rourke

We will learn and play the world's most famous roleplaying game, Dungeons and Dragons! Together we will explore new worlds, create exciting characters and solve intricate puzzles. We learn how to play games, and run the games! Join us in the exploration of your imagination!



French Conversational Club

K-12 Every Tuesday 4:00pm
Laureen Schensney

French Club is a place for students to become confident learning French vocabulary and having French conversations with each other. Last year two of our favourite topics were French cuisine and popular French music. This year, we will explore French culture around the world.



Flex ED

Clubs A-Z



Going with the Flow

Gr. 10-12

Last Wednesday of every Month 1:00pm
Vanessa Richter & Linda Cimpric

The club's intent is to inform and empower girls to embrace being a woman, with everything this entails, including menstruation cycles. We want to facilitate a confidential, supportive community where we engage in honest, open dialogue on topics such as being in tune with your body, self-care and rest, hormones, replenishing foods, cultural perceptions, period poverty, and anything else on young women's minds!

GSA

K-12 Every second Thursday 1:30pm
Chelsey Croft

Inclusive to all students, safe space for queer kids (LGBTQ2S) and all kids to hang out, play games, chat, make friends, make art, and have fun getting to know the awesome weirdness that lies within all of us! :) We celebrate pride all year long!



Clubs A-Z



LEGO Masters

Gr. 4-9 Every Thursday 9:30am
Carmen Herzog

In this club we will be given challenges each week to build with Lego! Some challenges may be singular (Build a floor plan of your room!), some will be in a series (Disaster Island!), all are guaranteed to be a ton of fun and leave you inspired! Come with your imagination!

Minecraft Club

K-9 Every Tuesday 3:30-4:30pm
McKenzie Hodgins

Welcome to Minecraft club! We will be using both Java and Bedrock servers. We will come together to play small games or builds on public servers. I will break you into smaller groups (3-4) and together you can decide on which activities you want to do (bed wars, hide and seek, etc). You will need to be able to navigate around the public servers so practice up if needed!



Clubs A-Z



Music Club

Gr. 8-12

Every second Wednesday 4:00pm

Julia MacPherson

This is a club for students in grades 8-12 (and staff members of all ages) to come together and listen to different types of music and then engage in discussions about the songs and styles we have heard. It is an opportunity for students to share the music they love and be exposed to new songs and artists they may never have heard before, as well as participate in digital music projects.

Pet Club

K-12 No Meeting Times

Kayla Rourke

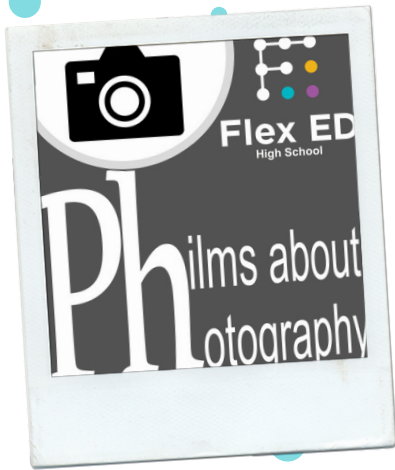
Share images, stories, and videos of your pets! See everyone else's cute pets! We love our animals!

There will be monthly challenges where we share photos and videos of our pets, and we will share them at the assembly!



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Clubs A-Z



Films about Photography

Gr. 10-12 Every Wednesday 4:00pm
Todd Hanson

Students and teachers will watch a wide range of documentaries and movies (and sometimes selected clips) about people doing photography. After each viewing, participants will discuss how what they have watched may affect their own practice of photography.

Phys. Ed. Club

Gr. 6-9
Every Monday & Tuesday 2:00-2:30pm
McKenzie Hodgins

Come and build your physical literacy skills through games and workouts!



Podcast Club

Gr. 9-12 Every third Tuesday 1:00pm
Kirk Trew

If you are interested in creating a 5 minute segment for a student led podcast, this is for you! Every two months, students will be uploading a segment for a podcast (shared via private link). Segments can be created individually or with a partner.



Clubs A-Z

Pokémon Go Club

K-12 Every Friday 4:00pm
Taylor Harder

This club is a place to share the loot you have found from Pokéstops, show off Pokémon you have caught in the wild, fight Pokémon you have trained against other club members and give gifts to each other!

It is a K-12 club. Those who don't play Pokémon Go are still welcome to join to discuss their love of Pokémon and watch what is going on. The channels will be open 24/7 to share your love of Pokémon online, but live meetings will be weekly at 4. The live meetings will be focused toward the Pokémon Go phone app!



Roblox Club

Gr. K-9
Meeting Times are TBD!
Becky Willems

Roblox and friendship! We choose games we'd like to play together each week, and have fun surviving disasters, building boats, adopting pets, chasing criminals, exploring islands, and making new friends in our meetings.

Clubs A-Z

Science/Experiment Club

Gr. 4-7

Every second Friday 11:30am - 12:00pm

Andrea Martyniuk & Jenna Golanowski

Do you love doing experiments and learning about science? Me too! Join me every two weeks to do some hands-on science experiments and discover how the world works!



Storytime Club

K-3 Every second Tuesday 1:00-1:30pm
Connie McConechy & Angela Hoffman

This club is geared for kindergarten to grade three. We read storybooks to each other's and do a fun follow up activities to the story like drawing or games.

Theatre Club

K-5 & 6-12

Every Thursday 2:00pm & 4:00pm

Kayla Rourke

In theatre club, students will meet together and explore different styles of theatre. They will explore acting, directing, designing, and all sorts of theatrical experiences! We also play lots of games together and have a great time creating together!

The K-5 group meets at 2:00-2:45pm, and the 6-12 group meets at 4:00-5:30pm.



Clubs A-Z



Travel Club

Gr. 10-12

Every first Wednesday 12:00pm

Kayla Rourke

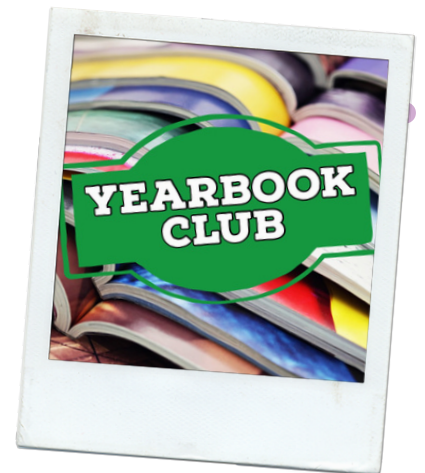
Do you have a constant case of wanderlust? Do you want to see the world one day at a time? In Travel Club we will meet monthly to talk about our travel dreams, swap great tips, and share amazing memories. We will also chat about travel opportunities! Let's get out there and see the world!

Yearbook Club

Gr. 7-12 Meeting Times are TBD!

Janice Randall & Andrew Knorr

This club will be organizing and setting up a Flex ED yearbook that will be available to everyone at the end of the school year.



YMH Peer Support Club

Gr. 8-12 Every Tuesday 2:00pm

Rachel Mitchell

In our Youth Mental Health Peer Support Club students will be guided to become Peer Mentors for other Flex ED students. Peer Mentors will have the opportunity to lead other students through basic daily struggles and create a sense of belonging, connection, and community through mental health support.



Club Lists by Grade

This section has lists of each club for each grade. Hopefully this will help you be able to select the right clubs for you!

You can refer back to the Clubs A-Z section for the details, and contact each teacher for more details if you need!

Club Lists by Grade

Kindergarten - Grade 3

Art Club
Caring Hearts Club
Crochet Club
French Conversational Club
GSA
Minecraft Club
Pet Club
Pokémon Go Club
Roblox Club
Storytime Club
Theatre Club

Club Lists by Grade

Grade 4 - Grade 6

Art Club
Book Club
Calm Club (Gr. 6+)
Caring Hearts Club
Creative Writing Club (Gr. 5+)
Crochet Club
French Conversational Club
GSA
Lego Masters
Minecraft Club
Pet Club
Phys. Ed. Club (Gr. 6+)
Pokémon Go Club
Roblox Club
Science/Experiment Club
Theatre Club



Club Lists by Grade

Grade 7 - Grade 9

- 
- 
- Art Club
 - Book Club
 - Calm Club
 - Caring Hearts Club
 - Creative Writing Club
 - Crochet Club (Gr. 7 only)
 - Dungeons and Dragons
 - French Conversational Club
 - GSA
 - Lego Masters
 - Minecraft Club
 - Music Club (Gr. 8+)
 - Pet Club
 - Phys. Ed. Club
 - Podcast Club (Gr. 9+)
 - Pokémon Go Club
 - Roblox Club
 - Science/Experiment Club (Gr. 7 only)
 - Theatre Club
 - Yearbook Club
 - YMH Peer Support Club (Gr. 8+)

Club Lists by Grade

Grade 10 - Grade 12

Art Club
Caring Hearts Club
Creative Writing Club
Dungeons & Dragons
French Conversational Club
Going with the Flow
GSA
Music Club
Pet Club
Films about Photography
Podcast Club
Pokémon Go Club
Theatre Club
Travel Club
Yearbook Club
YMH Peer Support Club

Weekly Schedule by Grade

This section has schedules for each grade grouping to help you plan your week!

You'll find the day, time, and other little notes!

Look into the Clubs A-Z section if you need more details, and you can contact each teacher for more details if you need!

Weekly Schedule by Grade

Kindergarten - Grade 3

M.

- Caring Hearts Club*: 3:00pm

T.

- Storytime Club*: 1:00-1:30pm
- Minecraft Club: 3:30pm
- French Convo Club: 4:00pm

W.

Th.

- Crochet Club***: 11:30am
- GSA*: 1:30pm
- Theatre Club: 2:00pm

F.

- Art Club**: 3:30pm
- Pokémon Go Club: 4:00pm

Notes

- Pet Club has no meeting times!
- Roblox Club will add times later!
- *: Every second week
- **: Last week of the month
- ***: Every week but the last

Weekly Schedule by Grade Grade 4 - Grade 6

M.

- Phys. Ed. Club (Gr. 6+): 2:00-2:30pm
- Calm Club* (Gr. 6+): 3:00pm
- Caring Hearts Club*: 3:00pm

T.

- Book Club**: 1:00-1:45pm
- Phys. Ed. Club (Gr. 6+): 2:00-2:30pm
- Minecraft Club: 3:30pm
- French Convo Club: 4:00pm

W.

Th.

- Lego Masters: 9:30am
- Crochet Club***: 11:30am
- Creative Writing (Gr.5+): 1:30pm
- GSA*: 1:30pm
- Theatre Club: 2:00pm (Gr. 4/5)
& 4:00pm (Gr. 6)

F.

- Science/Experiment Club*: 11:30am-12:00pm
- Art Club**: 3:30pm
- Pokémon Go Club: 4:00pm

Notes

- Pet Club has no meeting times!
- Roblox Club will add times later!
- *: Every second week
- **: Last week of the month
- ***: Every week but the last

Weekly Schedule by Grade Grade 7 - Grade 9

M.

- Phys. Ed. Club: 2:00-2:30pm
- Calm Club*: 3:00pm
- Caring Hearts Club*: 3:00pm

T.

- Book Club****: 1:00-1:45pm
- Podcast Club (Gr. 9+) (every 3rd): 1:00pm
- Phys. Ed. Club: 2:00-2:30pm
- YMH Peer Support Club (Gr. 8+): 2:00pm
- Minecraft Club: 3:30pm
- French Convo Club: 4:00pm

W.

- Dungeons & Dragons: 2:00pm
- Music Club* (Gr. 8+): 4:00pm

Th.

- Lego Masters: 9:30am
- Crochet Club*** (Gr. 7 only): 11:30am
- Creative Writing: 1:30pm
- GSA*: 1:30pm
- Theatre Club: 4:00pm

F.

- Science/Experiment Club* (Gr. 7 only): 11:30am-12:00pm
- Art Club**: 3:30pm
- Pokémon Go Club: 4:00pm

Notes

- Pet Club has no meeting times!
- Roblox Club will add times later!
- Yearbook Club will add times later!
- *: Every second week
- **: Last week of the month
- ***: Every week but the last
- ****: First week of the month

Weekly Schedule

by Grade

Grade 10 - Grade 12

M.

- Caring Hearts Club*: 3:00pm

T.

- Podcast Club (every 3rd): 1:00pm
- YMH Peer Support Club: 2:00pm
- French Convo Club: 4:00pm

W.

- Travel Club***: 12:00pm
- Going with the Flow**: 1:00pm
- Dungeons & Dragons: 2:00pm
- Music Club*: 4:00pm
- Films about Photo: 4:00pm

Th.

- Creative Writing: 1:30pm
- GSA*: 1:30pm
- Theatre Club: 4:00pm

F.

- Art Club**: 3:30pm
- Pokémon Go Club: 4:00pm

Notes

- Pet Club has no meeting times!
- Yearbook Club will add times later!
- *: Every second week
- **: Last week of the month
- ***: First week of the month

Registration Information

**To register, go to
bit.ly/FlexEDClubs**

**Registration will open on
September 15th, 2021 and will
close on September 30th, 2021.**

**Please fill out one form for each
student.**

**Select and join as many clubs as
you like!**

**Late registrants can contact
Ms. Kayla Rourke at
kayla.rourke@flexed.ca.**