

One important step in dealing with staff shortages is planning. Having a plan in place for times when you are not able to have a full team will help you get through those challenging times. Complete the "Action Plan" below after considering the scenario and possibilities.

## **TOPIC #1:**

The Food and Nutrition Service Manager has walked off the job unexpectedly.

## THINGS TO CONSIDER:

<ul> <li>1. When is our next food order supposed to be placed and ordered?</li> <li>Do we know what distributors deliver our products?</li> <li>Do we know how to place an order?</li> <li>Do we know how to contact the sales rep?</li> <li>When is the next delivery?</li> </ul>
<ul> <li>2. Can the menu be adapted?</li> <li>What products do you have on hand for an emergency?</li> <li>What convenience items can be purchased?</li> <li>Is the food substitution log completed?</li> <li>Where are the recipes? Can they be adapted for low labor (i.e. speed scratch or convenience items)?</li> </ul>
3. If guest cards need to be printed, does anyone on staff have access or know how?
4. What skillsets are represented with the remaining staff (i.e. Does the cook have enough experience to step into a manager role?)?
5. Does anyone know how to operate the hood system in case of an emergency?
6. Do you have a designated person in charge, preferably a Certified Food Protection Manager?
7. Who knows how to operate the kitchen equipment?
8. Who will alert Registered Dietitian for clinical needs and assessments?

#### ACTION PLAN / THINGS TO DO IN ADVANCE TO PREPARE:

1.	
2.	
3.	
4.	













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## **TOPIC #2:**

Due to supply chain shortages, cream soups which are frequently used in recipes will be out/shorted for an unknown period

## THINGS TO CONSIDER:

1. Can you ask your sales rep about available products?	
2. Can you contact your dietitian for appropriate substitutions?	
3. How can recipes be adapted to use a speed scratch or scratch sauce?	
4. Does the menu need to be changed to remove cream soups?	
5. How do we communicate changes to residents and their families?	

### ACTION PLAN / THINGS TO DO IN ADVANCE TO PREPARE:

1.			
2.			
3.			
4.			











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# **TOPIC #3:**

Coronavirus has impacted half of the Nutrition Services team. Estimates are the kitchen staff will be severely short-staffed for the next five days.

## THINGS TO CONSIDER:

1. Is our emergency food supply and menu accessible?			
<ul> <li>2. Can the menu be adapted?</li> <li>What products do you have on hand for an emergency?</li> <li>What convenience items can be purchased?</li> <li>Is the food substitution log completed?</li> <li>Where are the recipes? Can they be adapted for low labor (i.e. speed scratch or convenience items)?</li> </ul>			
3. How do we know what each resident is supposed to be served?  • Where are the diet spreadsheets?  • What kind of guest card program or method is used?  • Is any adaptive equipment needed?			
4. How many days do you anticipate being without staff? Can you plan ahead for future days of being short-staffed?			
5. How will therapeutic and texture-modified diets be addressed (consider liberalizing diets and communicate with Registered Dietitian)?			
6. What skillsets are represented with the remaining staff (i.e. Is the maintenance person a good home cook?)?			
7. Can one cook adequately handle one day?			
8. Can foods be prepared in advance and frozen for future use?			
9. Can breakfast be changed to a continental breakfast?			
10. Can convenience, individual frozen meals be utilized?			
11. Does anyone know how to operate the hood system in case of an emergency?			
12. Do you have a designated person in charge, preferably a Certified Food Protection Manager?			
13. Do you have a designated person in charge responsible for cleaning and sanitizing food contact surfaces?			
14. Is there a restaurant or assisted living facility nearby that could cater?			











# THINGS TO CONSIDER:

	15. Who knows how to operate the kitchen equipment?
16. Does the emergency justify using disposables?	
	17. How do we communicate changes to residents and their families?

# **ACTION PLAN / THINGS TO DO IN ADVANCE TO PREPARE:**

1.		
2.		
3.		
4.		

## **RESOURCES:**

- Senior Living Solutions
  - Convenience Entrées and Products
  - Emergency Low Labor Menu
  - Labor Challenges Playbook
  - Speed Scratch Soups
- Mpower Menus and Recipes
- Dysphagia Product Guide









