

# Burkburnett Independent School District Student Diet Modification Form

**A. This section to be completed by parent/legal guardian**

Student name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_

**Parent/Guardian Contact Information:**

Name (print): \_\_\_\_\_ Phone #: \_\_\_\_\_

*I give BISD permission to speak with the below named physician to discuss the dietary needs described below. I understand that if my child's medical or health needs change, it is my responsibility to provide documentation from my child's physician to BISD.*

\_\_\_\_\_  
Parent signature

\_\_\_\_\_  
Date

Which meals will the student eat from the school cafeteria? (circle all that apply)

Breakfast

Lunch

None

**B. The following must be completed by a licensed physician or prescribing medical authority:**

Does this child have a disability and/or anaphylactic/life-threatening food allergy? \_\_\_\_\_

If YES, please describe the major life activities affected by the disability: \_\_\_\_\_

**MEDICAL DIAGNOSIS or SPECIAL DIETARY NEED:**

\_\_\_\_\_

**ACCOMMODATIONS NEEDED**

No Fluid Dairy Milk      No Dairy Products (yogurt, cheese, etc)  
No Milk Ingredients (in baked goods, etc)  
No Whole Eggs            No Eggs as an Ingredient  
No Wheat/Gluten        No Soy Ingredients  
No Peanuts                No Tree Nuts  
No Seafood  
Other (please list)

\_\_\_\_\_

List substitutions: \_\_\_\_\_

**Major life activity affected** by the disability (circle all that apply):

**NONE**

Breathing     Seeing     Speaking     Learning     Eating     Hearing     Walking  
 Caring for One's Self     Performing Manual Tasks     Other: \_\_\_\_\_

**Texture modification needed?:**

**NONE**

**Solids:**  No Solids     Pureed     Chopped     Mechanical Soft     Regular

**Liquids:**  No Liquids     Thin     Thickened     Nectar     Honey     Pudding

Special Utensils: \_\_\_\_\_

Other: \_\_\_\_\_

I certify that the above named student needs special dietary accommodations, as described above, because of the student's disability and/or life-threatening food allergy or food intolerance/allergy, as indicated.

Name of Licensed Physician (print): \_\_\_\_\_

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Clinic Name & Address: \_\_\_\_\_ Phone: \_\_\_\_\_