

WHAT ARE YOU WAITING FOR

MEL ROBBINS

LIFE IS ALREADY HARD, YET WE MAKE IT SO MUCH HARDER WHEN WE LISTEN TO OUR FEARS,
WE CONVINCE OURSELVES TO WAIT, AND WE HOLD OUR GREATEST SELVES BACK.

WE ALL DO IT.

WE HOLD OURSELVES BACK AT WORK, AT HOME AND IN OUR RELATIONSHIPS. YOU CAN CALL
IT FEAR OF REJECTION, OR FEAR OF FAILURE, OR FEAR OF LOOKING BAD. THE REALITY IS, WE
HIDE BECAUSE WE ARE AFRAID EVEN TO TRY. WE DODGE CHALLENGES TO PROTECT OUR
EGOS, EVEN IF IT MEANS ELIMINATING THE POSSIBILITY OF GETTING WHAT WE WANT.

ARE YOU REALLY GOING TO LET YOUR WORRIES STOP YOU FROM DOING THE WORK AND
BEING YOUR GREATEST SELF? AND IF YOU TRY AND IT DOESN'T WORK OUT? SO WHAT!
ATLEAST, YOU TRIED.

THE ONLY THING THAT IS RELEVANT IS YOU. THE POWER INSIDE OF YOU.

THE ONLY WAY YOU ACCESS THAT POWER WITHIN YOU IS PUSHING YOURSELF TO TRY.

ALL HUMAN BEINGS ARE WIRED THIS WAY. SOME OF OUR GREATEST HEROES ARE JUST LIKE
US IN THIS SIMPLE REGARD: THEY HESITATED, DOUBTED THEMSELVES, AND ALMOST MISSED
THE OPPORTUNITIES OF THEIR LIFETIME BECAUSE THEY DIDN'T FEEL READY. I FIND IT
REASSURING TO KNOW THAT THE PEOPLE WE ADMIRE MOST NEEDED TO PUSH THROUGH
THEIR FEARS, EXCUSES, AND FEELINGS, JUST LIKE YOU AND ME.

THEY DIDN'T WAIT TO FEEL READY.

THEY DIDN'T WAIT UNTIL EVERYTHING WAS PERFECT.

THAT'S WHAT WE ALL NEED TO DO.

WE ARE ALL CAPABLE OF GREATNESS. IT IS OUR FEELINGS AND FEARS THAT CONVINCE US NOW IS NOT THE RIGHT TIME AND KEEP US FROM ACHIEVING GREATNESS. ARE YOU WAITING FOR SOMEONE TO ASK YOU, DRAG YOU, PICK YOU, OR CATAPULT YOU INTO THE SPOTLIGHT, OR ARE YOU WILLING TO FIND THE COURAGE TO PUSH YOURSELF?

WAITING FOR THE RIGHT TIME?

WAITING TO GAIN CONFIDENCE? WAITING TO FEEL LIKE IT?

WAITING TO FEEL WORTHY? WAITING UNTIL YOU HAVE MORE EXPERIENCE?

SOMETIMES THERE IS NO NEXT TIME, NO SECOND CHANCE.

STOP WAITING. IT'S NOW OR NEVER. WHEN YOU WAIT, YOU AREN'T PROCRASTINATING. YOU ARE DOING SOMETHING MORE DANGEROUS. YOU ARE DELIBERATELY CONVINCING YOURSELF "NOW IS NOT THE TIME." YOU ARE ACTIVELY WORKING AGAINST YOUR GOALS AND YOUR DREAMS. YOU MAY THINK YOU'RE PROTECTING YOURSELF FROM JUDGEMENT, REJECTION, OR UPSETTING SOMEONE, BUT WHEN YOU MAKE EXCUSES AND TALK YOURSELF INTO WAITING, YOU ARE LIMITING YOUR ABILITY TO MAKE YOUR DREAMS COME TRUE. I'M AMAZED BY HOW MUCH TIME I'VE WASTED IN MY LIFE WAITING FOR THE RIGHT TIME, WAITING UNTIL I AM SURE, WAITING UNTIL I THINK EVERYTHING IS PERFECT.

LET ME TELL YOU WHAT REALLY SUCKS: BEING OLDER AND REGRETTING THAT YOU NEVER DID IT. WISHING YOU HAD THE COURAGE TO ENGAGE NOW REALIZING THAT WOULD HAVE

CHANGED YOUR TRAJECTORY.

THERE IS NO RIGHT TIME. THERE IS ONLY RIGHT NOW!

IT IS UP TO YOU TO PUSH YOURSELF, TO MAKE THE MOST OF IT, AND THE TIME TO DO IT IS RIGHT NOW.

WAITING UNTIL YOU ARE READY WILL NOT MAKE IT HAPPEN. THE WORLD DOESN'T WORK THAT WAY. THE WORLD REWARDS THOSE WHO ARE COURAGEOUS ENOUGH TO STOP WAITING TO START. THE PERSON WHO HAS THE COURAGE TO START, CREATE, BUILD AND PUSH THEMSELVES ARE THE ONES WHO WILL WIN. THAT'S HOW YOU DO IT.

YOU PUSH YOURSELF TO GET OUT OF YOUR COMFORT ZONE AND YOU BEGIN. THERE IS NO OTHER WAY. YOU STOP WAITING FOR "THE RIGHT TIME" AND YOU START.

WAITING, THINKING, AND ALMOST DOING IT DOESN'T COUNT. THE DIFFERENCE BETWEEN PEOPLE WHO MAKE THEIR DREAMS COME TRUE AND THOSE WHO DON'T IS JUST ONE THING:

THE COURAGE TO START AND THE DISCIPLINE TO KEEP GOING.

WAITING WON'T HELP. WAITING WILL ONLY MAKE IT WORSE. WHEN YOU SIT IN UNCERTAINTY YOU FEEL FEAR, AND YOUR MIND MAKES IT EXPAND.

NO ONE WANTS TO BE REJECTED OR FEEL LIKE A FOOL. YOU CAN FEEL UNCERTAIN, AND DO IT ANYWAY. YOU CAN BE AFRAID, AND DO IT ANYWAY. YOU CAN FEAR REJECTION AND STILL GO FOR IT. 5 SECONDS OF COURAGE CHANGES EVERYTHING.

LIFE IS GRITTY AND HARD, AND THEN, SUDDENLY, IT IS BRILLIANT AND AMAZING!

THE TREASURE IN YOUR LIFE IS BURIED WITHIN YOU.

THE POTENTIAL FOR MASSIVE GREATNESS EXISTS INSIDE OF YOU.

THE ONLY THING THAT WILL QUIET THE CHATTER IN YOUR HEAD IS A DECISION TO MOVE. TO

ACT. TO PLAY THE GAME, YOU HAVE TO START. TO WIN, YOU'LL NEED TO KEEP GOING. IF

YOU WANT TO MAKE YOUR DREAMS COME TRUE, GET READY FOR THE LONG GAME. LIFE IS

NOT A ONE AND DONE SORT OF DEAL. YOU'VE GOT TO WORK FOR WHAT YOU WANT.

SUCCESS IS A NUMBERS GAME. AND YOU ARE NOT GOING TO WIN IF YOU KEEP TELLING

YOURSELF TO WAIT. THE MORE OFTEN YOU CHOOSE COURAGE, THE MORE LIKELY YOU

WILL SUCCEED.

THERE IS NO RIGHT TIME. THERE IS ONLY RIGHT NOW!

LET'S MAKE J.HILBURN GREAT AND THE MODEL IN THE INDUSTRY FOR GROWTH.

THANK YOU ALL FOR ATTENDING OUR SUMMIT 2021.

I ENCOURAGE YOU TO THINK BIG!

AND MAY GOD BLESS YOU AND YOUR FAMILY.