



## 6 Warning Signs of Burnt Out Employees



### Punctuality Problems

Your employees struggle to get to work on time or come back late from breaks.



### Disappearing During Shifts

You cannot find employees anywhere on the floor during their working hours.



### Running Out of the Door

Your employees are waiting by the timeclock to leave at the end of a shift.



### Sloppiness of Tasks

You start to notice mistakes in their work that previously didn't exist.



### Lack of Personal Hygiene

Employees show up looking unkempt, unhygienic, or unprofessional.



### Dissociation From Coworkers

Workers aren't engaging in social activities, conversations, or events

## The Trakstar Platform Helps to Reduce Burnout

Build a team that avoids burnout and grows together using Trakstar's fully-integrated platform for performance management, employee engagement, recruiting, and learning management.

To learn more about Trakstar, go to [trakstar.com/get-a-live-demo](https://trakstar.com/get-a-live-demo)