

COACHING FOCUS



Naomi Thomas Coach Bio

BUSINESS COACH

ABOUT

Naomi is an experienced business coach with a diverse range of clients within the professional services, telecoms, publishing, IT and creative sectors. She works in London and internationally with senior executives to develop key skills, awareness and confidence to enable them to excel in their roles.

Naomi's style is rigorous and challenging but supportive and focussed with a strong emphasis on business results. She has coached clients tackling various issues, including:

- Developing leadership ability and building performance
- Accelerating transitions into new roles (promotions, new hires)
- Providing a confidential sounding board to senior management facing organisational challenge
- Handling conflict and improving problematic relationships
- Improving management skills and team performance
- Improving self- management, work efficiency and delegation
- Reviewing and moving towards a better work/life balance
- Developing business and marketing plans and business development skills
- Preparing for key presentations, pitches



EXPERIENCE

Naomi enjoyed Head of Learning Roles in two major law firms after an initial career as a corporate lawyer. From these senior roles, she developed strategy, built and led teams, implemented organisational change and operated at board level.

She left private practice and set up Ossian in 2009 to enable her to make coaching her primary focus. She has run a highly successful coaching business since then, coaching regularly as a preferred supplier for a number of large organisations and major law firms. Recent projects include coaching senior women into leadership roles in two top ten law firms and working as one of a team of coaches globally with IBM to develop coaching competency in senior management across its international offices. She has also gained experience in the regulatory and public sector spheres, working with senior executives at the FCA as part of a broad Senior Leadership transitioning initiative.

QUALIFICATION AND TRAINING

- WABC Certified Business Coach
- Authorised MBTI practitioner and accredited in Hogan DS, Thomas International (DiSC)
- Meyler Campbell Business Coach, 2006-2008 (European Quality Award, conferred by the EMCC)

T: 01884 266 005

E: enquiries@coaching-focus.com

W: www.coaching-focus.com



COACHING FOCUS



Naomi Thomas Coach Bio

- Meyler Campbell Psychology for Business Coaches Graduate, 2007
- Coaches Training Institute – Advanced Coaching Programme, 2010-2011
- On-going coach training in subjects such as Neuroscience, NLP, Mindfulness
- Qualified Corporate lawyer, practising 1992 – 1999), LLB Hon

ORGANISATIONAL FEEDBACK

“Naomi understands the way our business operates, the culture and the key issues our business faces. She is well liked and respected by her coachees, which makes her a valuable partner for us. I cannot recommend Naomi more highly. She works with senior individuals, partners and associates and plays a key role as coach on our career strategies programme for senior women.”

Director of Learning & Organisational Development, Norton Rose Fulbright

“I've worked with Naomi on many occasions and I can highly recommend her. She is an extremely bright, insightful professional whose deep and wide experience working at board level enables her to engage quickly with Senior Management to get to the heart of the underlying issues and deliver effective change. She has an open, curious and engaging personality coupled with formidable commitment and capacity for hard work, which makes her a huge asset on any project.”

Director of HR, RPC

CLIENT FEEDBACK

“Naomi's style is challenging and encouraging and brought a real focus to my personal and business leadership plans. Looking back, my approach was scattergun and through my meetings with Naomi I refined my ideas into a focused and therefore efficient strategy. Naomi listens. An easy statement to write but one that is vital. Through listening and challenging, Naomi has helped me reconcile plans that now seem obvious but in retrospect were lost in several initiatives.

An aspect of the coaching has been to help me to drive an entrepreneurial strategy that I wanted to institute at my firm and without Naomi's assistance I do not believe I would have achieved the success on this strategy in the time we had. The best testament is that my attitude has completely changed towards coaching and I now see it as an important (if not vital) component to a successful career.”

Partner, Osborne Clarke

“Naomi Thomas has been a very positive catalyst for my personal development and success for which I am very grateful. She has offered me great insight and listened effectively to enable me to become a success. She was able to help me dismantle certain limiting beliefs and empower others around me to increase team productivity and performance. My wider organisation has benefitted from a calmer more approachable manager who is able to lead with greater clarity and vision as a consequence.”

Senior Manager, T-Systems

T: 01884 266 005

E: enquiries@coaching-focus.com

W: www.coaching-focus.com