

# Kate Wright Coach Bio

#### **EXECUTIVE COACH**

#### **PROFILE**

Kate brings a wealth of experience from her work with leaders and managers to her coaching practice. With her background in strategic account management. Kate is adept at working alongside clients to help them broaden their thinking, understand their potential and maximise their contribution to their organisation.

Clients have described Kate's coaching style as commercial in outlook with a strong strategic focus. Warm, open, intuitive and pragmatic, Kate is an ideal coach for those who value being challenged in a non-judgemental and supportive environment.

As a former senior manager, Kate has more than twenty years' experience in a range of sales and account management roles in the field of automotive, financial services and asset finance. She has worked in both the SME and large corporate sectors developing strong and commercially-focused client relationships with many international names. Alongside her focus on the development of commercial relationships, Kate's commitment to team and individual development has led to her managing and leading teams in different disciplines and businesses. This experience led her to train as a coach and coaching supervisor. She has completed consultancy projects on employee engagement and motivation, and the power of effective communication within organisations.



#### **EXPERTISE**

- · Organisations going through change
- Working with individuals facing change in their working and professional life
- Helping clients move from management to leadership roles
- Allowing leaders to explore their leadership style and expand thinking in this area
- Improving people management skills to facilitate improved team performance and reduce interpersonal conflict

## **EDUCATION AND TRAINING**

- MSc in Coaching and Behavioural Change, Henley Business School
- MBA from Henley Business School
- Qualified NLP Practitioner
- Professional Certification in Coaching Supervision
- Practitioner Certificate in Applied Neuroscience
- British Psychology Society



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#### **PROFESSIONAL MEMBERSHIPS**

- Henley Business School Register of approved coaches, Professional Certificate in Coaching
- CIPD
- APECS
- Henley Business School Register of approved coaching supervisors, Professional Certificate in Supervision
- EMCC
- Association for Coaching

### **RECENT CLIENTS**

EC Harris, Arcadis, Henley Business School Executive MBA Programme, BUPA, University of Reading, Ariens UK and Atkins Ltd

#### **TESTIMONIALS**

"Kate is patient, straightforward, understanding and provides constructive challenge to help individuals develop their thinking to set and achieve their goals. Kate supports and encourages with exceptional listening skills, is 100% professional and highly experienced. Everyone in our business who has met and interacted with Kate cannot speak highly enough of her and would highly recommend her."

"As a business we have benefited significantly from coaching provided by Kate for a number of senior leaders of our business. They all attribute Kate as fundamental to the significant personal progression they have made since receiving coaching. The sessions are always thought provoking, developmental and enjoyable."

"This was my first time working with an external coach and at the outset I had some concerns about whether or not it would be beneficial to me. However, all of my concerns were erased very quickly and I am now a massive advocate of the process and have recently recommended it to some of my team! Kate is an exceptional individual. Her lovely nature and ability to facilitate a conversation to take you to the answer is phenomenal. The tools and techniques she introduced to me have been of great help and will stay with me for the rest of my days. Not only does it help clear and focus your mind in a positive way in a business environment, but also around your personal life, which ensures you are performing at the best of your ability. I thoroughly enjoyed my time with Kate and will never forget the support and advice she gave me in order for me to develop. It was the proudest moment of my career becoming a Partner at EC Harris and Kate had a huge influence around that. I can't thank her enough. I would happily recommend her to others."

"Kate's manner put me at ease from the outset. Her insightful and uncomplicated style has given me fresh perspective on a range of matters, making things feel less complicated and has helped me greatly to be more confident and to try new approaches."