



Tegan Hayek PT, DPT

Education

- · Doctor of Physical Therapy Columbia University
- Bachelor of Science in Health and Human Sciences and Dance Loyola Marymount University

Certifications

- NSCA Certified Strength and Conditioning Specialist
- KOH Education IASTM Upper and Lower Quarter Certifications
- FMT Basic RockTape Certification
- NEURO TOUR Fellowship
- CPR/First Aid Certified

Specialties

- · Dance & Performing Arts Medicine
- Manual & Manipulative Therapy
- Soft Tissue Massage
- Functional Training
- · Orthopedic & Sports Medicine



Experience

- Broadway: Six, Moulin Rouge, Pretty Woman, Beautiful: The Carole King Musical, Frozen, Waitress, Tootsie
- Trained 20+ years in ballet, pointe, jazz, tap, hip hop, contemporary, and modern
- Performed in Dumbo Dance Festival 2018
- Trained in gymnastics for 8 years

DOCTOR TEGAN HAYEK PT, DPT

A NEURO TOUR elite therapist offering an extensive menu of services, fusing Eastern and Western philosophies, to provide extraordinary care to our extraordinary clients.

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