

### **New Features from SilverSneakers**

SilverSneakers® is a trusted brand available to members through many Medicare Advantage plans and select Medicare Supplement plans at no additional cost. Providing unmatched support and flexibility, SilverSneakers has increased virtual engagement with a robust schedule of live classes, an expanded ready-when-you-are video library, and enhancements in the ways we're able to connect with members where they are.

Features include SilverSneakers On-Demand™, an exclusive library of 200+ classes available 24/7, SilverSneakers LIVE™ classes and workshops available to members via Zoom<sup>1</sup>, and Facebook Live classes hosted twice per week and available to everyone. There are also thousands of participating locations<sup>2</sup> with various amenities, and classes<sup>3</sup> for all fitness levels. Members can enroll at multiple locations at any time.

We encourage your prospective members to try a class from home via Facebook Live. Forward this [link](#) so they can try it out!

1. Zoom is a third-party provider and is not owned or operated by Tivity Health or its affiliates. SilverSneakers members who access SilverSneakers LIVE classes are subject to Zoom's terms and conditions. SilverSneakers member must have Internet service to access SilverSneakers LIVE classes. Internet service charges are responsibility of SilverSneakers member.
2. Participating locations ("PL") are not owned or operated by Tivity Health, Inc. or its affiliates. Use of PL facilities and amenities is limited to terms and conditions of PL basic membership. Facilities and amenities vary by PL.
3. Membership includes SilverSneakers instructor-led group fitness classes. Some locations offer members additional classes. Classes vary by location.