

HOW TO GET YOUR SILVERSNEAKERS ID



Get active, stay healthy and connect with others like you by participating in SilverSneakers®. You only need your SilverSneakers ID number.

It's easy to get your personal SilverSneakers ID.



If you're new to SilverSneakers, go to **SilverSneakers.com/Eligibility** and follow the simple steps.



If you're already a member, log in to the **Member Portal** and click **Profile / Member ID**.



Download the **SilverSneakers GO™** app. Log in. Click the profile icon (top right). Your ID appears at top of next screen.



Call our Experience Center at **1-888-423-4632** (TTY: 711). Monday – Friday 8 a.m. – 8 p.m. ET.



My SilverSneakers
ID number

					-														
--	--	--	--	--	---	--	--	--	--	--	--	--	--	--	--	--	--	--	--

*Write your ID number in the spaces provided.
You can either cut this out or take a photo with your phone so you always have your ID with you.*

[SilverSneakers.com/StartHere](https://www.silversneakers.com/StartHere)

