



HOW TO GRILL BRUSSELS SPROUTS



Serves: 4



Prep Time: 10 minutes
Cook Time: 10 minutes

INGREDIENTS

- 1 package Season & Steam Brussels Sprouts
- 1 Tbsp. olive oil
- Salt and pepper, to taste
- Additional herbs of choice
- Sheet of aluminum foil or grill basket



PREHEAT

Grill over medium heat.



TOSS

Brussels sprouts with olive oil and seasonings.



STEAM

Brussels sprouts in package until tender.



GRILL

On a sheet of aluminum foil or grill basket about 5-7 minutes, charring on each side.



REMOVE

From heat and serve.

