'You' continues reign as king of trashy television

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Pittsburgh Post-Gazette TRIBUNE NEWS SERVICE

Your favorite television guilty pleasure is back and just as deranged as ever. It's been almost two years since Netflix's "You" returned for a second season that managed to be even more depraved than its predecessor. From the beginning, the series asked you to take a journey through the mind of Penn Badgley's Joe Goldberg, a serial stalker who will do whatever it takes to find and keep his perfect match.

The show's second season introduced Love Quinn, played by Victoria Pedretti, who proved to be Joe's equal in more ways than he bargained for. It left off with Joe and a pregnant Love moving to the San Francisco suburbs to start a new, quiet life. Even though he seemingly had everything he wanted, Joe couldn't help but be fascinated by the pretty neighbor on the other side of the

With the long-awaited third season of "You" finally dropping on Netflix, viewers get to witness just how twisted a marriage between two psychopaths can really be. While some of their antics stretch believability even for a show that prides itself on a pulpy sense of ridiculousness, fans of "You" will be right at home watching Joe and Love attempt to blend in with a community.

A new season means new characters for Joe and/or Love to terrorize. This time around, that list includes nextdoor neighbors Matthew (Scott Speedman) and Natalie Engler (Michaela McManus); local influencer Sherry Conrad (Shalita Grant) and her husband Cary (Travis Van Winkle); Matthew's son Theo (Dylan Arnold); and Marienne (Tati Gabrielle), Joe's new boss at the town library.

If you were under the impression that a wife and child would change Joe in any way, you were gravely mistaken. Sure, he spends most of the third season's 10 episodes struggling to stay faithful to Love and protect their son, Henry, at all costs. But it probably won't blow anyone's mind to reveal that Joe can't kick his habit of fixating on a new woman. The big difference between this season and previous outings is the presence of Love. She serves as a fascinating wild card due to her impulsive decisionmaking and steadily increasing frustra-



Penn Badgley in a scene from Season 3 of the Netflix series, "You." JOHN P. FLEENOR/NETFLIX

tion at Joe's clear lack of interest in her. Even more so than Joe, Love could do just about anything to anyone at any given time.

"You" is not the kind of show that asks audiences to empathize with its leads. It's much more interested in exploring the at-home dynamics of two people with such darkness inside of them. At one point, Joe vocalizes the obvious fact that he and his wife's love language is literally violence. If you find that sort of thing repulsive, no one could blame you. But the psychological warfare they engage in is never boring, that's for sure.

Unlike the jump from New York City to Los Angeles from Season 1 to 2, moving the action from one California city to another doesn't make for the most exciting shift in locales, particularly since most of season three takes place in the confines of the aggressively suburban Madre Linda. Just about every stereotype of a place like this is there, from tech bros to everyone being on some sort of insane diet.

There's no subtlety in "You," which also features storylines involving domestic violence, drug addiction and even vaccinations. Some are treated with care, while others leave a bit to be desired in terms of their sensitivity lev-

Again though, this is the kind of show that regularly features two people trapping their friends and loved ones in an underground cage. Don't come in expecting thoughtful examinations of hotbutton issues.

Badgley is still terrifying as Joe, who continues to con those around him with his harmless nice-guy routine. Between his bordering-on-gaunt frame, constantly messy hair and bulging eyes, Badgely never lets you forget what a complete weirdo Joe is.



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BLUE ZONES PROJECT SOUTHWEST FLORIDA



Blue Zones Project Communities Practice the Power of Purpose in Support of Breast Cancer Awareness Month

By Sebastien Saitta

October is designated Breast Cancer Awareness Month and Blue Zones Project Homeowners Association's (HOA's) TwinEagles and Diamond Oaks Village are shedding light on the support available to those who are battling the disease.

According to the American Cancer Society, breast cancer is the second most common cancer among women in the United States and in 2021, about 281,550 new cases of invasive breast cancer will be diagnosed in women.

Diamond Oaks Village in Bonita Springs is organizing a Making Strides Against Breast Cancer Walk on October 21st to build awareness and raise funds for the American Cancer Society. Residents will gather outside the Diamond Oaks Village community wearing pink and will go for a walk outside followed by a social hour with light refreshments.

"Many of our residents have been affected by breast cancer personally or know of family and or friends that have," says Sarah Reedy, Lifestyle Coordinator at Diamond Oaks Village in Bonita Springs. "Diamond Oaks residents feel the need to participate in events that have an importance to

them and our Making Strides Against Breast Cancer Community Walk is one of them."

Vicki Burnett, who is also a lifestyle coordinator at Diamond Oaks Village adds that purpose is a great motivator for residents to get involved. "They all know someone who has gone through the process," she says. "That's why residents feel the need to get involved and they look forward to getting together."

The TwinEagles pickleball community and Blue Zones committee is organizing a 24-hour pickleball relay called Dink for Pink on Friday, October 22nd . This event will benefit Partners for Breast Cancer Care, Inc., a non-profit organization that provides no-cost breast screening, diagnostic testing, surgery and treatment to low-income, uninsured women and men of any age in Southwest Florida.

"We decided to take the Relay of Life concept and apply it to pickleball because we lost a member of our pickleball community this spring," said Karen lannuzzi, member of the Blue Zones Committee at TwinEagles. "We have created signs with pickleball

paddles in honor of those we are playing for."

The pink theme doesn't stop at the fastest growing sport in the world. They are hosting a Pink Out dinner and have been featuring Pink drink specials throughout the month of October. They are also having a nighttime Zumba Party in Pink.

To support TwinEagles in their efforts, they are asking for donations made payable to PFBCC with Blue Zones in the memo line. Checks can be mailed directly to Partners for Breast Cancer Care, Inc. at 9470 Healthpark Circle, Fort Myers, Florida 33908.

You can also help support the Diamond Oaks Village Making Strides Against Breast Cancer Walk by visiting the Making Strides Against Breast Cancer webpage at Cancer.org and donating.

Brought to Southwest Florida by NCH Healthcare System, in collaboration with Sharecare, Inc., Blue Zones Project is part of Southwest Florida's well-being improvement initiative that encourages changes in the community that lead to healthier options. For more information, visit southwestflorida. bluezonesproject.com.