**How to do the Continental Drift Dance**

Step 1: Walk forward and do the Sid

Step 2: Walk back and do the Sid

Step 3: Step left and drift

Step 4: Step right and drift

Step 5: Crisscross and do the mammoth

Step 6: Crisscross and do the mammoth

****Step 7: Jump, jump

Step 8: Shake your rump

Step 9: Walk it out like granny