

Oahu District

“Celebrating Peace Day in Hawaii”

September 21, 2020



Acknowledgements

Honpa Hongwanji Mission of Hawaii Peace Committee

Marian's Catering

Karly Koishigawa Alberts

Oahu District participating temples:

Aiea Hongwanji Mission, Ewa Hongwanji Mission, Mililani Hongwanji Mission, Pearl City Hongwanji Mission, Wahiawa Hongwanji Mission

Blue Zones Project - Wahiawa:

Jeffrey Alameida, Joslyn Sato

Blue Zones Project - Kapolei-ʻEwa:

Crystal Robello

Blue Zones Project State Team:

Jade Iokepa, Megan Tabata

Students of the Public Health & Public Administration Program at University of Hawai'i West Oahu

For a list of Blue Zones Project participants for the 2020 Peace Day messages, please refer to the link below:

<https://info.bluezonesproject.com/hawaii/peaceday>

Wahiawa Hongwanji Mission:

Set-up work crew, bento distribution crew, and traffic control crew
Booklet crew with community partners Terry Jean Arakaki and Sharon Kaneko

September 21: Peace Day

United Nations International Day of Peace

The International Day of Peace was established in 1981 by the United Nations General Assembly. This day of peace is observed globally on September 21st to foster education and public awareness on issues related to peace. Then in 2001, the General Assembly unanimously voted to designate the Day as a period of non-violence and cease-fire.

The United Nations, in celebration of its 75th Anniversary, invited millions of people worldwide to join UN75 on building a peaceful and prosperous future. The 2020 United Nations International Day of Peace adopted the theme “Shaping Peace Together.” 2020 was meant to be a year of listening and learning.

However, in March, UN Secretary-General Antonio Guterres called on focusing on this unprecedented global pandemic. Solidarity and cooperation across borders, sectors, and generations are needed to win this fight against the worst public health crisis of our time. This International Peace Day is dedicated to fostering dialogue and collecting ideas on how to weather this storm, heal our planet, and change it for the better.

In keeping with this year’s theme, “Shaping Peace Together,” let’s celebrate this day by joining together to spread compassion, kindness, and hope in the face of the pandemic.

Peace Day in Hawaii: Uniting with Aloha

The members of the Hawaii Junior Young Buddhist Association (Jr. YBA) of the Honpa Hongwanji Mission of Hawaii (HHMH) represent the five districts – Kauai, Oahu, Honolulu, Maui, and Hawaii Island. In 2007 they submitted a resolution to establish Peace Day to the Legislative Assembly of the HHMH. The resolution was then forwarded to the Hawaii State Legislature to create Peace Day in Hawaii. Representative Jon Riki Karamatsu introduced the bill on behalf of the Jr. YBA.

From House Bill 346: BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:

“September 21 of each year shall be known and recognized as peace day. All citizens shall be encouraged to observe and celebrate the blessings of peace and endeavor to create peace on peace day. Peace Day shall serve as a focal point to promote peace programs, improve international relations, and increase educational awareness of peace and shall include discussions of the professional activities and achievements in the lives of peacemakers.”

On April 18, 2007, Governor Linda Lingle signed the bill making September 21 Peace Day in Hawaii.

Hawaii Act 23, declared: *“September 21st of each year shall be known and recognized as ‘Peace Day’ to promote peace programs, improve international relations, and increase educational awareness of peace.”*

Hawaii, thus, became the first state in the United States to join more than 200 countries in celebrating the United Nations International Day of Peace and Non-Violence that was established by a unanimous UN resolution in 1981.

Peace Books to Check Out

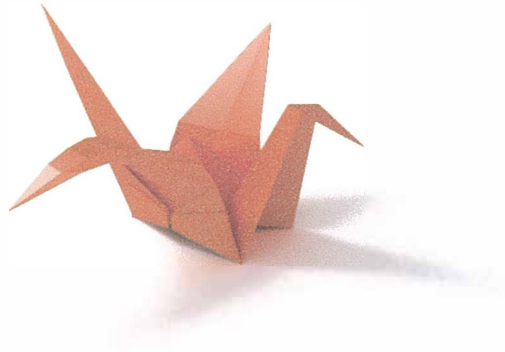
Student Books

1. *The Boy, the Mole, the Fox, and the Horse* by Charlie Mackesy
2. *The Day You Begin* by Jacqueline Woodson
3. *Dear Boy: A Celebration of Cool, Clever, Compassionate You!* by Paris Rosenthal
4. *The Big Book of Peace* by Ann Durel, Marilyn Sachs
5. *Each Kindness* by Jacqueline Woodson
6. *Grandfather Gandhi* by Arun Gandhi
7. *I Am Human: A Book of Empathy* by Susan Verde
8. *I Am Peace: A Book of Mindfulness* by Susan Verde
9. *Junkyard Wonders* by Patricia Polacco
10. *The Lantern and the Crane* by Matthew L. Taylor
11. *Old Turtle: Questions of the Heart* by Douglas Wood
12. *Paths to Peace: People who Changed the World* by Jane Zalben
13. *Peace* by Wendy Halperin
14. *Sofia Valdez, Future Prez* by Andrea Beaty
15. *The Three Questions* by Jon Muth
16. *The World Needs More Purple People* by Kristen Bell
17. *Zen Shorts* by Jon Muth

Adult Books

1. *The Book of Joy: Lasting Happiness in a Changing World* by Dalai Lama
2. *Caste: The Origins of our Discontent* by Isabel Wilkeson
3. *The Choice: Embrace the Possible* by Dr. Edith Eva Eger
4. *Here We Are: Notes for Living on Planet Earth* by Oliver Jeffers
5. *I'm Still Here: Black Dignity in a World Made for Whiteness* by Austin Channing Brown
6. *Live Free or Die: America (and the World) on the Brink* by Sean Hannity
7. *On Tyranny: Twenty Questions from the Twentieth Century* by Timothy Snyder
8. *The Room Where It Happened* by John Bolton
9. *Tattoos on the Heart: The Power of Boundless Compassion* by Gregory Boyle
10. *Walking with the Wind: A Memoir of the Movement* by John Lewis





Peace Crane Instructions

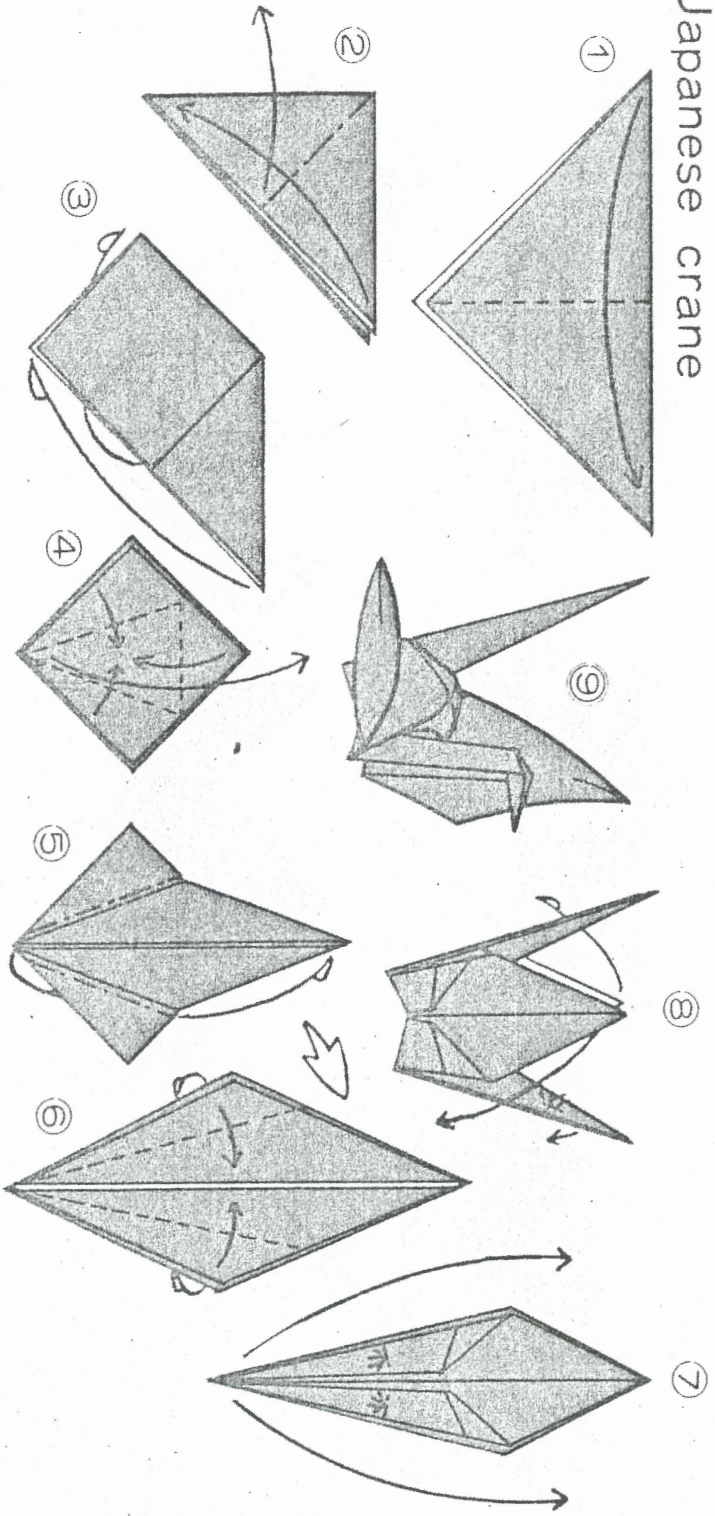
1. Cut out the squares on the sheets provided in this packet, or get a piece of origami paper.
2. Use crayons to make the same bold designs on the top right corner and bottom left corner of the paper.
3. Use crayons to make the same bold designs on the top left corner and bottom right corner of the paper.
4. Use the crayons to make a bold design in the center of the paper.
5. Fold the paper according to the directions provided on the next page to make a crane.
6. You can make 2 cranes.
7. Use your imagination to see the various ways your beautiful cranes may be displayed.



Pinwheel Instructions

1. Cut out the square on the sheet provided in this packet.
2. Use different crayon colors to fill in each space of the squiggly design.
3. Flip the paper over and use your favorite color to color the whole sheet.
4. Turn the paper over and use your favorite color to color the whole sheet.
5. Cut on the line from each corner.
6. Turn the paper over with the colorful design facing you.
7. Gently bend (don't fold) one of the cut corners to the center point.
8. Skip the next cut corner and bend the next one.
9. Skip and bend until four points meet in the center.
10. Then stick the straight pin through all four points AND the back of the pinwheel.
11. Stick the pin into the pencil eraser.
12. Find some wind to test it out.

Japanese crane





Cut along this square to use for the Origami Crane.

Decorate your paper.

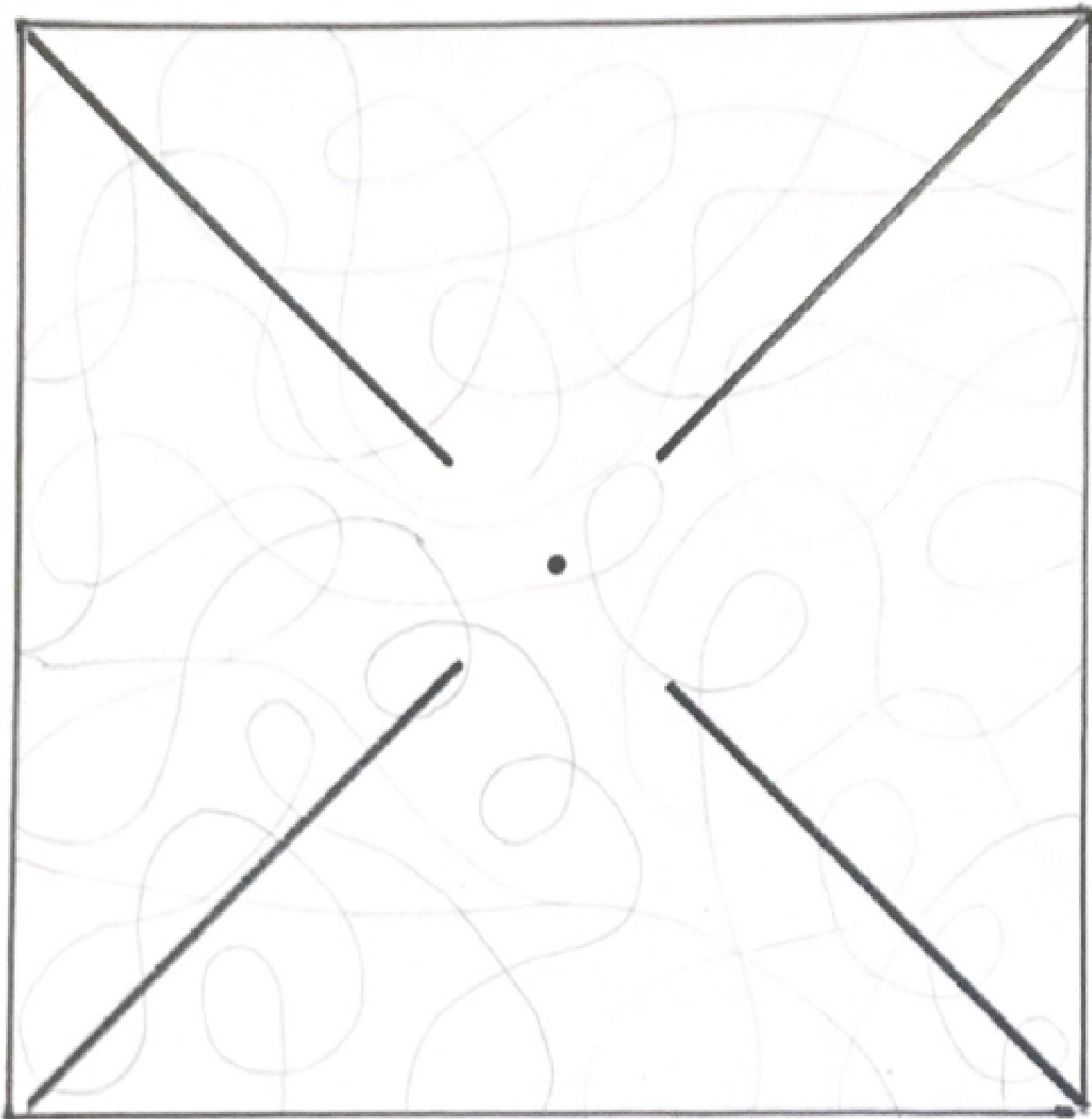
Fold the Origami Crane following the provided instructions.



Cut along this square to use for the Origami Crane.

Decorate your paper.

Fold the Origami Crane following the provided instructions.



**Cut along this square to use for the Pinwheel
Decorate your paper.
Create your Pinwheel following the provided instructions.**



Peace Rocks

How to make a Peace Rock:

1. Begin with a word-storming exercise and think of words related to peace.
2. Then go on a search for some clean rocks. A dull but smooth finish on the rocks is best.
3. Write your word on the rock with Sharpie or your favorite permanent marker.
4. Let it dry.
5. Share the Peace Rock with others by showing your family or friends.
6. To spread peace and have other people feel peace and happiness, make several peace rocks. Leave them on the ground in different places for people to pick up and share with others.

Acrostic Peace Poem



P

E

A

C

E

*Write a word or phrase beginning with the letters in PEACE to create
your own peace poem.*

Peace Day Puzzle

C O U R A G E C U G H P A F X
H J T S M I L E A C C E P T Y
C X K V S I H E L P F U L L P
R R X X I Q P D W H O P E I A
A R F G R A T I T U D E A S T
N U E A C B E K C L L F W T I
E G T S M O H R R Y O A H E E
N U R X P I U E J Q V M A N N
V N U R E E Z R P O E I R I C
C A S H A S C E T S K L M N E
A U T O C X C T A E Y Y O G N
R E Q H E M S X C V O H N U K
I X L K I N D N E S S U Y H L
N S F R I E N D S H I P S G R
G W N N N C O M P A S S I O N

WORD LIST:

| | | | |
|------------|------------|-----------|----------|
| ACCEPT | CRANE | HELPFUL | PATIENCE |
| CARING | FAMILY | HOPE | PEACE |
| COMPASSION | FRIENDSHIP | KINDNESS | RESPECT |
| COURAGE | GRATITUDE | LISTENING | SMILE |
| COURTEOUS | HARMONY | LOVE | TRUST |

Wahiawa Fusion Spaghetti



Recipe provided by
Wahiawa Hongwanji Mission

Ingredients:

| | | |
|--|----------------------------------|---|
| 2 blocks, Medium Firm Tofu, drained & cubed | 4 Stalks of Celery, chopped | 1/4 Tbsp. Salt |
| 1 Onion, chopped | 1 Yellow Bell Pepper, chopped | 1 tsp. Oregano |
| 20 pieces Fresh Shitake Mushrooms, remove stems & chop | 1/2 Cup Italian Parsley, chopped | 1 tsp. Pepper |
| 1 Clove Garlic, minced | 1/2 Cup Water | 1 Tbsp. Sugar |
| | 3 (8 oz.) cans diced tomatoes | 2 (13.25 oz.) boxes Whole Wheat Spaghetti |
| | 1/4 Tbsp. Basil | |

Directions:

Sauce: Cook tofu in a large pot over medium high heat for 10-minutes, stirring continually so it will not stick. Continue cooking until tofu becomes crumbly. Add onions and garlic, and cook until softened. Add celery and mushrooms, and cook until mushrooms shrink. Add bell pepper and parsley. Add water, tomato sauce, diced tomatoes, and all seasonings. Cover and simmer for 2-hours, stirring occasionally.

Pasta: Bring water to a boil and add pasta. Return to a boil and cook for about 10-minutes, stirring occasionally until pasta is al dente. Drain and serve.

Serves: 10-12



From the kitchen of:
Chef Alyssa Moreau

Okinawan Sweet Potato Salad

Ingredients:

| | |
|--|--------------------------|
| 3 C cooked Okinawan Sweet Potato, cooled, peeled and cut into 1 " chunks | 2 tsp toasted sesame oil |
| 1/2 C carrot, shredded or julienne | 2 tsp. tamari |
| 1/2 C celery, sliced thin | |
| 1/3 C green onion, chopped | |
| 2 T rice vinegar | |
| 1-2 T agave or honey | |
| 2 tsp toasted sesame oil | |
| 2 tsp. tamari | |

Directions:

Combine all salad ingredients in a mixing bowl. Drizzle over liquid ingredients and toss well.

*Nice served on a bed of lettuce

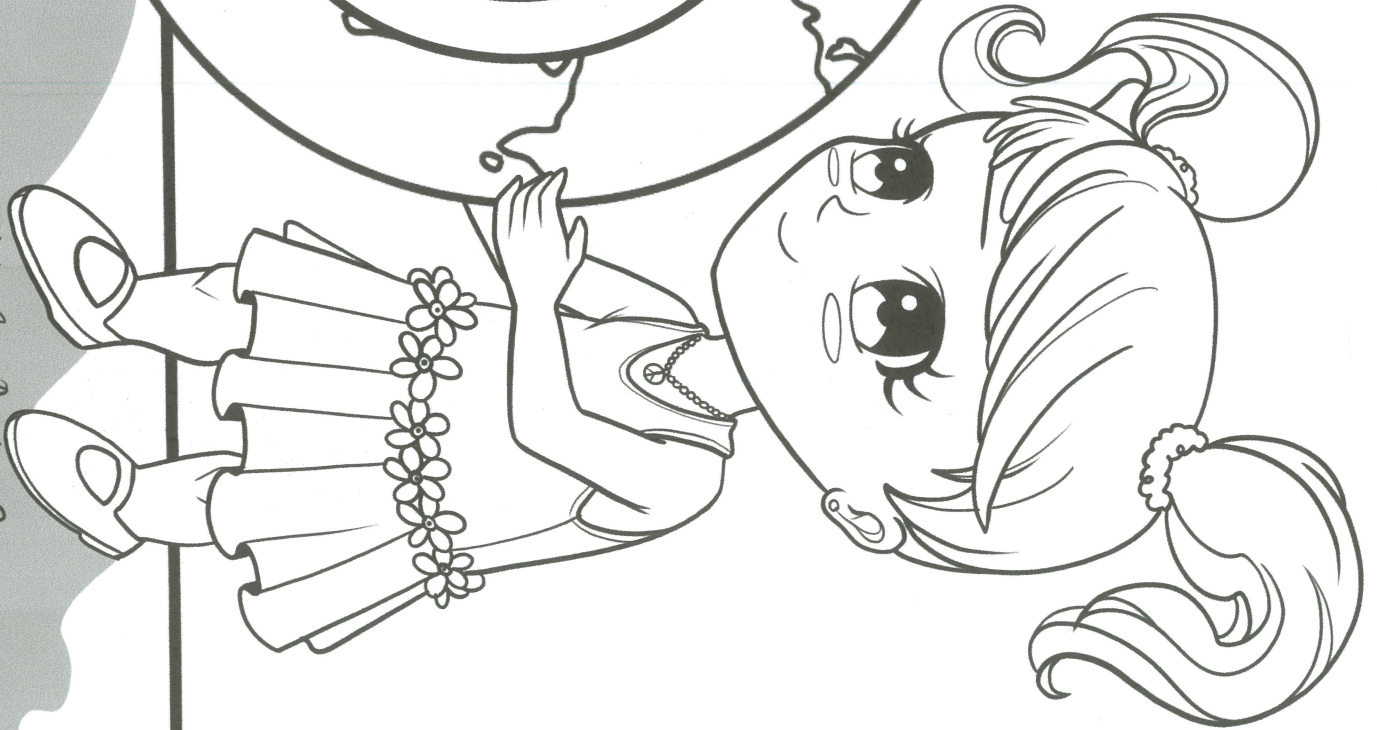
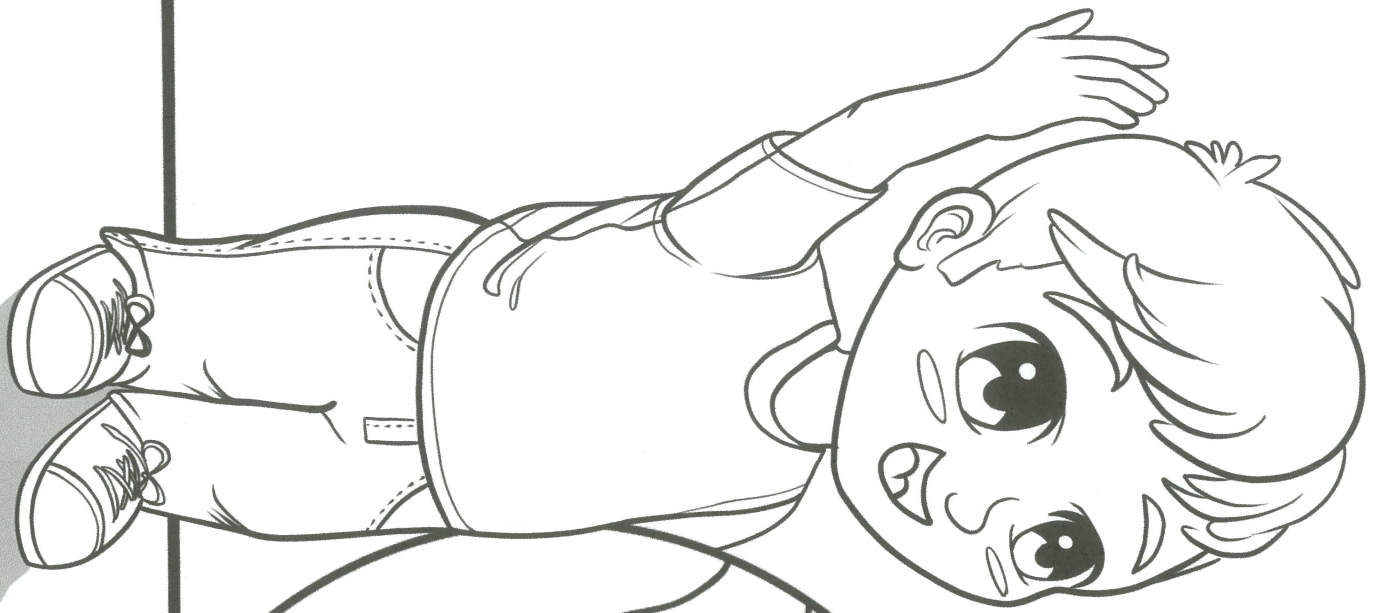
Serves: 6

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Janet Abaster 2010



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