



8 Questions to Ask a Therapy Provider

Complete one form for each provider you interview so that you can compare answers and decide which provider you believe will best care for your child in a way that fits your unique family needs.

PROVIDER: _____ **DATE:** _____

1. WHAT SERVICES DO YOU PROVIDE?

Does the provider diagnose autism, or offer a multi-disciplinary approach, including therapies like ABA, speech, and occupational, or does the provider focus on one type?

2. WHERE DO YOU PROVIDE SERVICES?

ABA therapy for young children can be provided at home or in a facility. Where would you feel most comfortable having your child receive therapy?

3. ARE YOU IN-NETWORK WITH MY HEALTH INSURANCE?

Ask about your specific health insurance because treatment can be expensive.

4. WHAT AGE CHILDREN DO YOU PROVIDE SERVICES FOR?

Try to understand if they specialize and train their therapists to work with young children or generally serve clients in all age groups.

5. HOW DO YOU COMMUNICATE WITH PARENTS?

Understand type and frequency. Does the provider use traditional methods like phone, SMS, or email? What is your preferred method?

6. WHAT IS THE BCBA TO CHILD RATIO, I.E., THE BCBA'S AVERAGE CASELOAD?

The lower the number, the more time they have to create and work on the care plan for your child.

7. HOW MANY RBTS WILL BE ASSIGNED TO MY CHILD'S TREATMENT TEAM?

Do they have several different RBTs work with your child at different times or does your child see the same RBT each session?

8. WHEN IS THE EARLIEST AVAILABILITY TO ACCOMMODATE MY CHILD?

Be clear about availability for both assessment and beginning treatment.



3-Year Accreditation

Discover Opya

Opya specializes in personalized, in-home early intervention autism therapy services including ABA, speech, and occupational therapies for newly diagnosed children under 6-years old. Our connected care model results in a high level of communication and collaboration between parents and clinicians that makes parents' lives easier and empowers our therapists to provide more effective care.

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