



8 Questions to Ask a Therapy Provider

Complete one form for each provider you interview so that you can compare answers and decide which provider you think can best care for your child in a way that fits your unique family needs.

PROVIDER: _____

DATE: _____

1. WHAT SERVICES DO YOU PROVIDE?

Does the provider offer a multi-disciplinary approach, including diagnosis and therapies like ABA, speech and occupational, or does the provider focus only on one type of therapy?

2. WHERE DO YOU PROVIDE SERVICES?

ABA therapy for young children can be provided at home or in a facility. Where would you feel most comfortable having your child receive therapy?

3. ARE YOU IN-NETWORK WITH MY HEALTH INSURANCE?

Ask about your specific health insurance because treatment can be expensive

4. WHAT AGE CHILDREN DO YOU PROVIDE SERVICES FOR?

Try to understand if they specialize and train their therapists to work with young children or generally serve clients in all age groups.

5. HOW DO YOU COMMUNICATE WITH PARENTS?

Understand type and frequency. Does the provider use traditional methods like phone or email, or do they use an app to streamline communication?

6. WHAT IS THE BCBA TO CHILD RATIO?

The lower the number, the more time they have to create and work on the care plan for your child. The ideal BCBA ratio is 10 or less.

7. HOW MANY RBTS WILL BE ASSIGNED TO MY CHILD'S TREATMENT TEAM?

Do they have several different RBTs work with your child at different times or does your child see the same RBT each session?

8. WHEN IS THE EARLIEST AVAILABILITY TO ACCOMMODATE MY CHILD?

Be clear about availability for both assessment and beginning treatment.

Discover Opya.

Opya is the leading provider of personalized early intervention autism therapy services for young children in the comfort of your home. We use a multi-disciplinary approach that includes ABA, speech, and occupational therapies as needed to help each child and family achieve the best outcomes.

To provide the best care possible, we train our clinical teams specifically to care for young children and limit BCBA caseloads to under 10 clients. And our connected care model supported by the Opya App makes parents lives easier by streamlining communication and information sharing.