



# Achieving Stability

## *Through Self-Sufficiency*

As a parent or guardian, you want the best for the child(ren) in your life. Providing a loving and stable home environment is crucial for your child's development. But, financial struggles, housing insecurity, unreliable transportation, or lack of access to other essentials can threaten that stability.

Nebraska Children's Home Society is here to partner with you in addressing the complex challenges that keep you and your family in survival mode. Our Self-Sufficiency program helps parents and guardians raising children under the age of 18 achieve economic independence and long-term stability for themselves and their families. We assist you in acquiring the resources and developing the skills to meet your family's daily needs, helping you move from merely surviving towards thriving.

### Learn strategies and access community resources to assist with:

-  Childcare needs
-  Education and employment
-  Finances and budgeting
-  Healthcare access
-  Housing
-  Transportation
-  Utilities

### Participants in our Self-Sufficiency program can expect:

- Connections to community resources.
- Flexible mentoring aimed to help you develop the resources, skills, and sustained behavior needed for long-term stability.
- Ongoing check-ins with a self-sufficiency coach to support you as you set goals, strategize to overcome challenges, and find additional resources and tools.



**Our no-cost, voluntary program is here to partner with you in overcoming the barriers in your life and crossing the bridge into self-sufficiency.**

To learn more about our program or sign up, contact a self-sufficiency coach at 402.677.2663 or [thrive@nchs.org](mailto:thrive@nchs.org).

**Make Self-Sufficiency A Reality. Call 402.677.2663 Now.**

