



Fisher-Titus Calendar of Events

November/December

#TeamHolly5K *presented by Fisher-Titus*

Saturday, November 14 | 9:40 a.m. Fun Run, 10:10 a.m. 5K | Milan Town Hall

Proceeds support the Fisher-Titus Foundation benefitting the Oncology Caring and Sharing Fund and the Physical Therapy Fund.

Registration is open until November 13 at 10 p.m. at www.signmeup.com/135464. COVID-19 precautions will be in place at the race. Visit our online calendar at fishertitus.org/upcoming-events for more details.

Sparkle Life Virtual Auxiliary Fundraiser

November 2 - 8

Support the Fisher-Titus Auxiliary through an online jewelry sale. Sparkle Life is jewelry made with sterling silver and Swarovski Crystals. Shop at www.sparklelife.com and enter code: FTMC at checkout for 40% off your purchase and a 15% donation to the Auxiliary!

20th Annual "Yes Mamm" Mammography Quilt Raffle

Tuesday, November 17

Help fund mammograms for the community. Tickets are \$1 each or \$5 for 6 tickets. Proceeds support the Fisher-Titus Foundation's Breast Health Fund, providing mammograms and other breast health diagnostics to individuals that might not otherwise have access. For more information and to purchase tickets, visit fishertitus.org/quilt

Red Cross Blood Drive

Friday, November 20 | 12-4:30 p.m.

Fisher-Titus Jennings Auditorium
Call 1-800-733-2767 or visit redcrossblood.org for an appointment.

Wakeman Community Health Screening

Thursday, December 3 | 7-9a.m.

Registration opens November 2 watch our online event calendar and Facebook for additional details to come.

Red Cross Blood Drive

Thursday, December 24

12-4:30 p.m.

Fisher-Titus Jennings Auditorium
Call 1-800-733-2767 or visit redcrossblood.org for an appointment.

follow us!



For your *health*:

Diabetes Self-Management Education Program

Physician referral required. This program is designed for individuals interested in learning more about diabetes management. Individuals will receive a one-on-one visit with a registered nurse and dietitian, and they are encouraged to join group classes. Fees apply. Call 419-660-2596

Free Blood Pressure Screenings

(Based on staff availability)

- Monday-Friday 9 a.m.-3 p.m.
Fisher-Titus Home Health Center
54 Executive Dr., Norwalk
- Wednesdays, 9 a.m.-4 p.m.
Fisher-Titus Family Medicine
2114 State Route 113 East, Milan
- Monday-Friday, 9:30 a.m.-Noon
Fisher-Titus Family Medicine
187 W. Main St., New London

visit our *online calendar*:

- Support Groups
- Alzheimer's
 - Breastfeeding
 - CPR &
 - First Aid Classes
- New Parent Classes
- Childbirth Education Express
 - Breastfeeding Education
 - Baby Bootcamp

fishertitus.org/upcoming-events